

Career Discovery Report

Deep insights on your holistic profile and recommended career paths according to your strengths.



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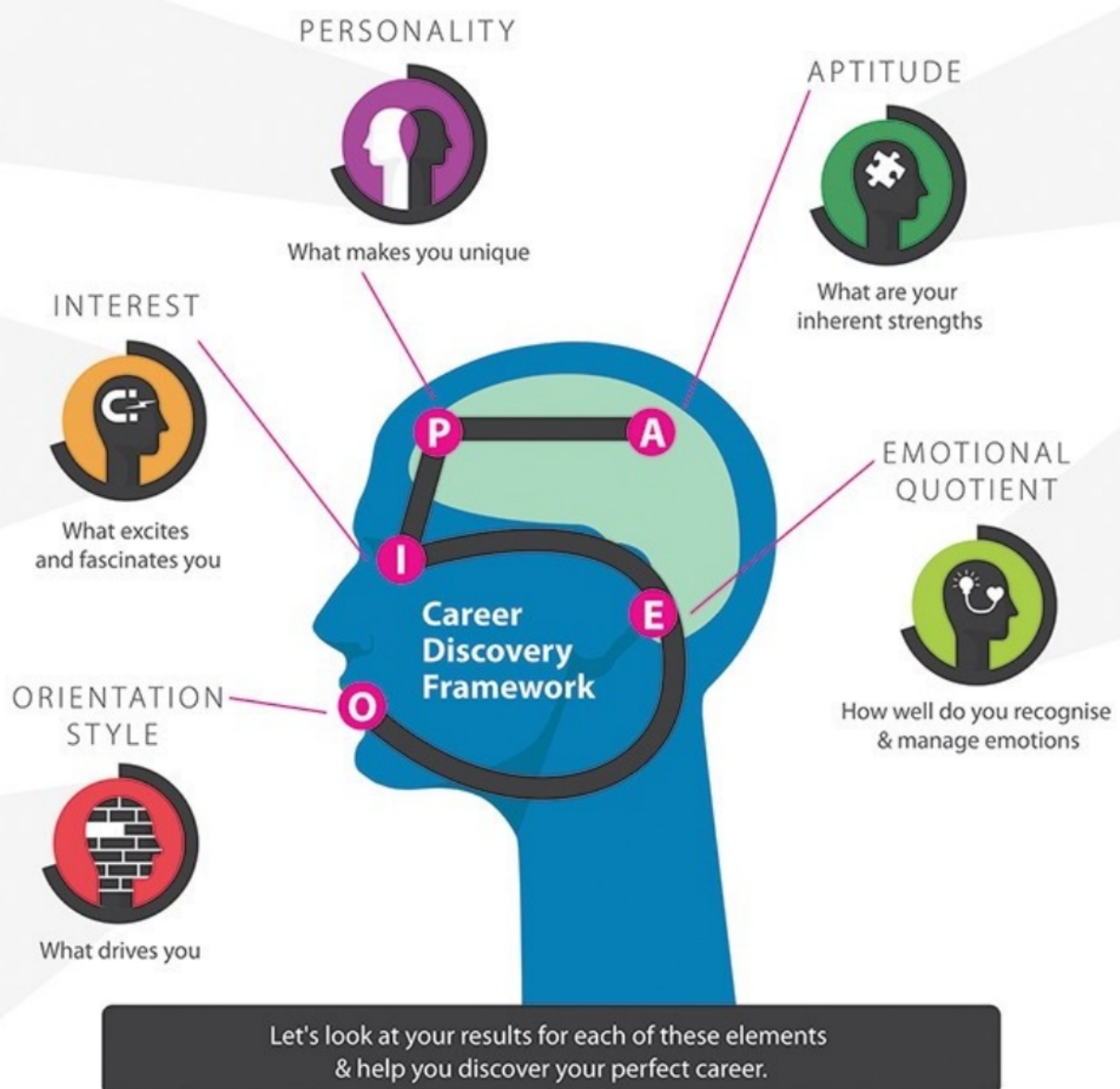
School:

Career Assessment Framework

Congratulations on completing the Career Assessment Framework! Your comprehensive career discovery report is now ready to give you your best-fit career matches.

Our award-winning career guidance framework and assessment tool have been developed by a team of some of the top psychometricians, industry experts and researchers in the world. It is the most accurate and valid career assessment, with a blend of advanced technology and millions of research data points collected from students from multiple demographics and cultures.

Our 5-dimensional framework, the first of its kind, has been tailor-made for students. These 5 dimensions together form the pillars of career guidance, and will help you make a scientific and accurate choice for career success.



Your Orientation Style

What is **Orientation Style**?

Orientation style identifies what an individual is driven by. Understanding the orientation style will help you with career decision based on your dominant style of interaction with the surroundings.

Your Dominant Style



People Orientation

The scores obtained on this style inventory indicate that you are people-oriented. This means that you like to interact with people and have an understanding of their problems and needs. You are drawn more to seek close relationships with others. Your style indicates that you will be good in tasks in which you have to lead, direct and persuade others. You cooperate well with others and can express yourself clearly. You make friends easily and are observed as trustworthy, social and helpful at the workplace.

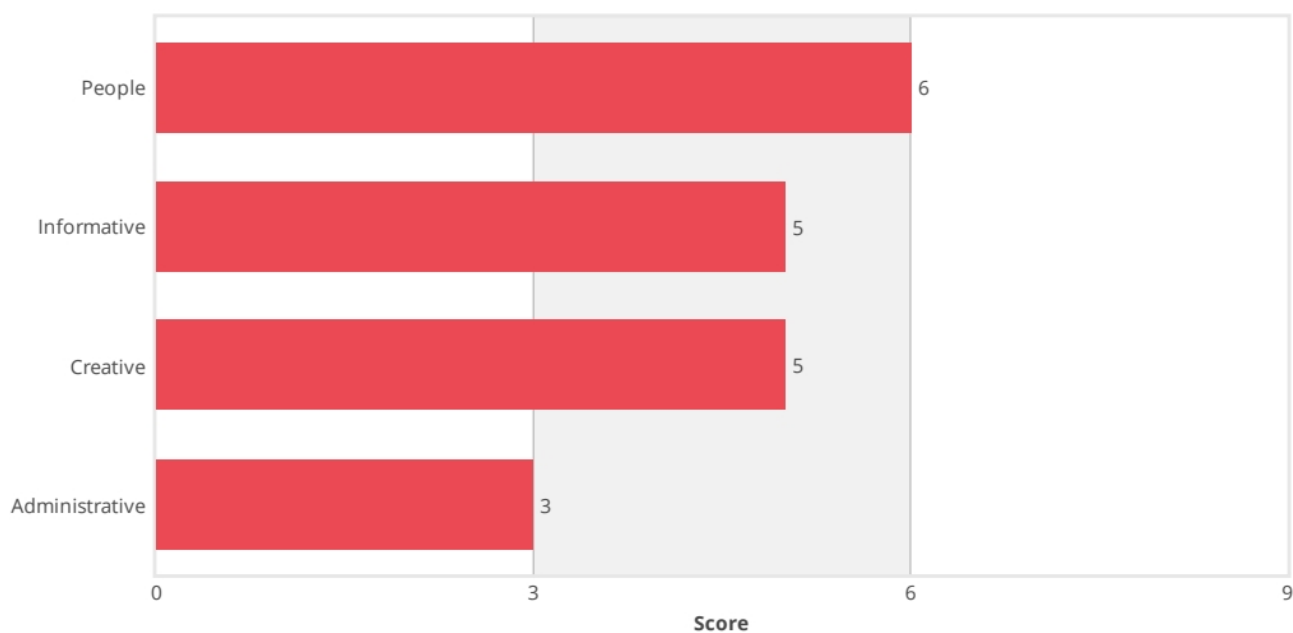
Your Secondary Style



Creative Orientation

The scores obtained on this style inventory indicate that you seek novelty and like to work with your ideas. You are curious to understand the know-how of things and their functioning. You wish to have your own ways of doing things with unique ideas. You like to feel free to create, discover and synthesize new products from abstract notions and concepts. You may prefer to work in unstructured situations where you can experiment with your intuitive ideas. You may be observed as independent, original and expressive at the workplace.

Your Orientation Style

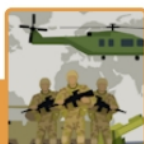


Your Interest

What is **Interest**?

Understanding your Interest will help you identify what work areas excite you and helps you identify career options which are personally rewarding. Interest assessment explores your interest across multiple career options to find the right match which shall keep you engaged.

Your Dominant Interest Areas



Defense Services



Psychology



Governance &
Administration

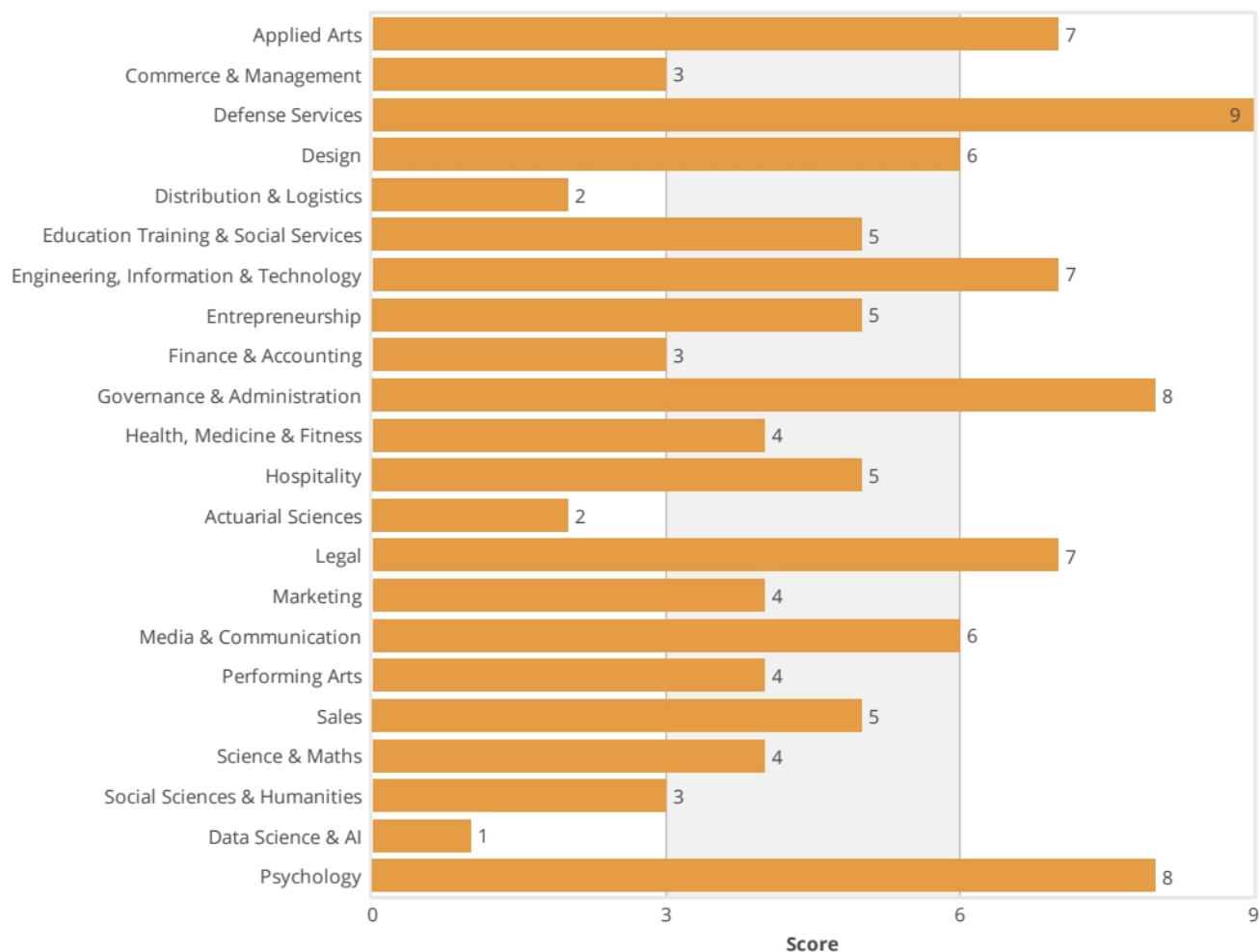


Engineering,
Information &
Technology



Applied Arts

Your Interest

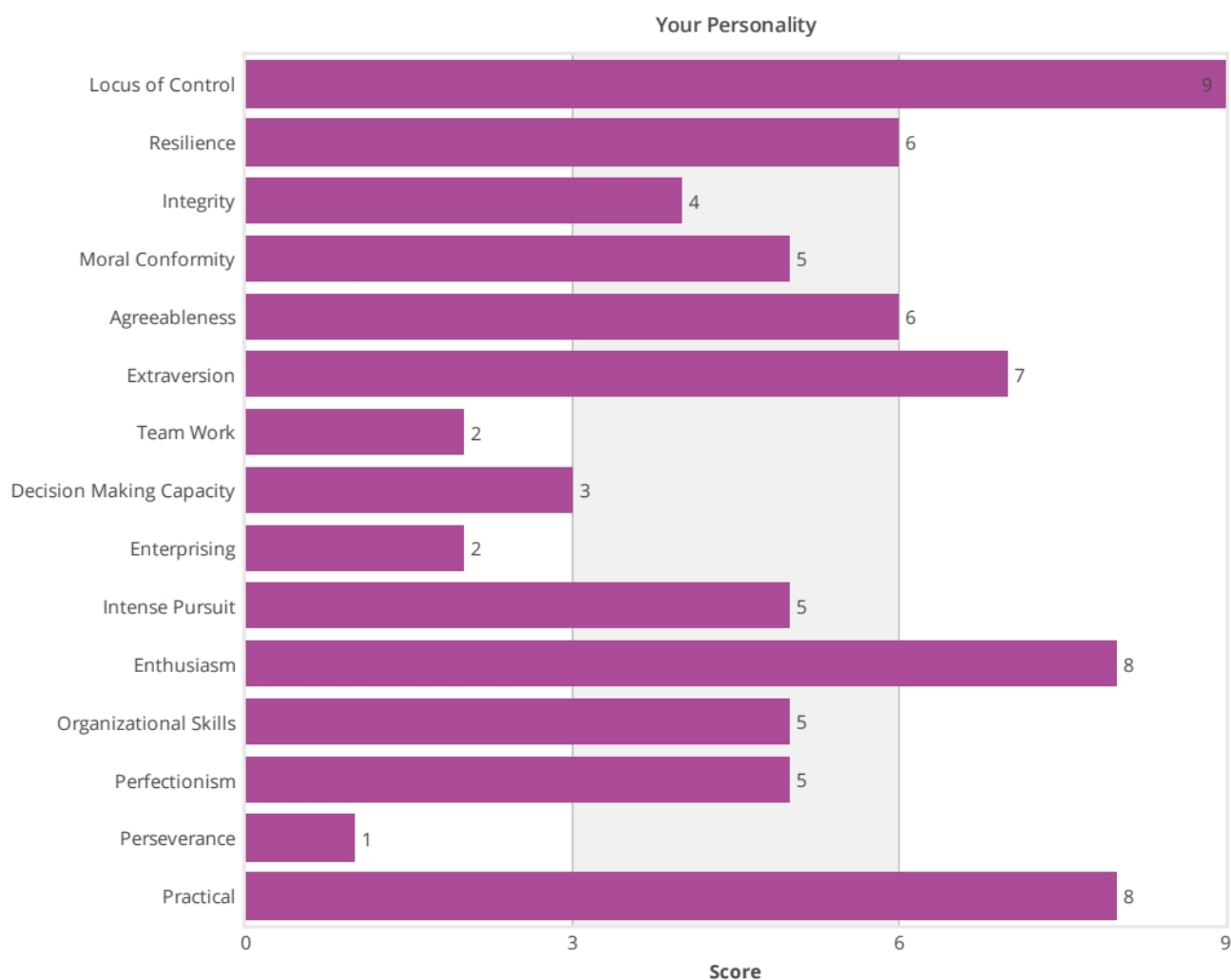
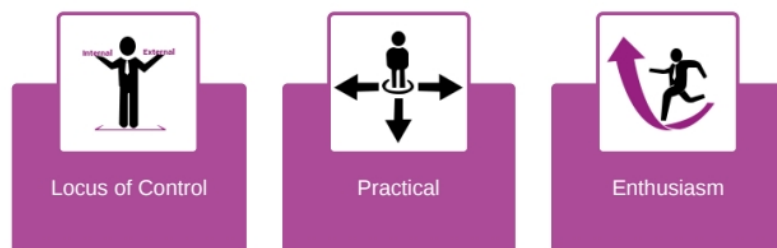


Your Personality

What is **Personality**?

Understanding your Personality will help you identify your consistent behavior patterns. Every individual is different due to their unique blend of attributes. Personality assessment identifies what career options suit your style and match your personal attributes.

Your Dominant Personality Traits



Your Personality in Detail



Enthusiasm

1	2	3	4	5	6	7	8	9
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Meaning

Synonymous with vitality, spiritedness & vigor, enthusiasm is having abundant or intense energy and curiosity to gather knowledge

Expert Analysis

You are full of excitement, optimism, curiosity & cheerfulness. You face challenges with a sense of enthusiasm that is contagious. Your inquisitiveness is endless; you continuously ask questions & persistently seek their answers. You are constantly seeking new experiences in order to grow & learn. People often seek your company, as you energize them with your presence and cheerful disposition. You are full of energy & vigor, which allows you to perform multiple tasks in the shortest possible time span

Development Plan

You have scored well in this trait



Intense Pursuit

1	2	3	4	5	6	7	8	9
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Meaning

Synonymous with dedication, devotion & zeal; intense pursuit is having a clear intention, aim, interest, commitment and strong desire to pursue on a chosen path

Expert Analysis

You have a hard time maintaining your focus, passion and commitment to long-term goals. You tend to leave the task undone when the obstacles are difficult to overcome and are unable to persistently work towards a difficult task. Your initial excitement for a project soon vanes off, and your attention deviates to other exciting things happening nearby

Development Plan

You can develop intense pursuit by following strategies:

- **Writing it down:** This is as simple as it sounds. Have well defined time bound goals. Also make a "To Do" list on daily basis, to make sure that things are getting done.
- **Prioritizing your work:** You have to make a clear distinction about what is important & what just seems to be important. Focus your energy on what is critical and needs to be done.
- **Take responsibility for your goals:** Rather than making excuses for incomplete tasks, take up responsibility and make efforts to complete them. It will be difficult for you to pursue your goals, unless you take responsibility

Your Personality in Detail



Extraversion



Meaning

Extraversion is the ability to talk easily to others, assert viewpoints and prefer working in groups, rather than working alone

Expert Analysis

You take immense pleasure in social gatherings; enjoy spending time with people and dislike loneliness. You are energetic & have the ability to approach strangers with ease and can initiate conversation on a wide range of topics. You prefer working in groups rather than working alone. You eagerly share your opinions among group members and find it easy to assert yourself

Development Plan

You have scored well in this trait



Agreeableness



Meaning

Agreeableness is the ability to sympathize with others, trust them and be warm, concerned and cooperative towards them

Expert Analysis

You are mostly optimistic about human nature. You believe that generally people are warm, considerate and cooperative. You are usually willing to help people who have helped you in the past, or people whom you consider good. You are willing to work with others and give full cooperation to the group. You do not want yourself to be engaged in conflict and try to maintain harmony with others most of the time

Development Plan

You can increase your agreeableness level by using following strategies:

- **Try to see things from perspective of others:** This will help you better understand the behavior of other people and also the reasons why they behave in certain ways. Also check on how you would have reacted in a similar situation.
- **Accept that all people are different:** Rather than competing with others and suspecting their intentions, it is better you understand that everyone is unique. This will help you to accept different viewpoints and also maintain social harmony.
- **Different people different voices:** Everyone has a point of view which needs to be respected. Listening to these voices will help you to sympathize with them

Your Personality in Detail



Team Work

1 2 3 4 5 6 7 8 9

Meaning

Team work implies including not only your views but also the views of others while working towards a common goal. It involves working collaboratively with people and maximizing the team output

Expert Analysis

You find it difficult to work in a team. You prefer to work individually. Your ability to work collaboratively within a group of people in order to achieve a goal is low. You disregard the views of others while making decisions. You find it very difficult to communicate effectively with others. Due to this, you may be unable to form good relations with others in your team

Development Plan

Your scores indicate that you need to put some effort to develop your ability to work collaboratively within a group of people in order to achieve a goal. You can do this by:

- **Be an active listener:** Developing listening skills will help you to understand others viewpoints, provide you with learning opportunities and will also minimize misunderstandings. Wherever warranted, you need to express your views to others.
- **Add humor:** Adding humor in your day-to-day dealings with others will help you to keep a sense of perspective and will also work as a great bonding tool.
- **Group activity:** You need to try and engage yourself in more group activities wherein coordination and cooperation with members of the team will help achieve the common objective



Perfectionism

1 2 3 4 5 6 7 8 9

Meaning

Perfectionism is the desire to strive for flawlessness and set high standards of excellence

Expert Analysis

Your score stands for an average desire to strive for high standards of excellence. This indicates that you sometimes complete tasks without giving much attention to minute details. You usually don't look for faults or shortcomings in your own actions as well as that of others and accept them with ease. Due to this, you compromise on the standards of excellence. You don't feel the sense of responsibility while working on a task. Due to this, the quality of your work may suffer at times

Development Plan

You need to develop a sense of high standards of excellence. You can do this by:-

- **Detailing:** Break down a task into smaller steps and pay attention to minute details in every step. You can reward yourself for successfully completing every step with perfection.
- **Evaluate your performance:** Be honest while evaluating your performance and work on the areas wherein improvement seems necessary.
- **Set high standards:** You should make an attempt to set high standards of excellence for yourself. This will motivate you to work hard and ultimately perform better

Your Personality in Detail



Perseverance

1	2	3	4	5	6	7	8	9
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Meaning

Perseverance is the determination of an individual to complete a task, irrespective of the obstacles

Expert Analysis

You find it difficult to continue with a task when faced with obstacles. You do not really finish what you start, and tend to get stuck in problems, hence losing the ability to resolve them. Your decisions seem to be impulsive at times and you express dissatisfaction with your working style. You lose patience and easily get disheartened by failures

Development Plan

You can improve your perseverance levels by using the following strategies:

- **Strengthen the belief that nothing is impossible.** Everything is possible if you make constructive efforts to achieve it.
- **Running away from problems is not a solution.** Facing them and dealing with them will help you find a solution.
- **Learn from Failures.** Learning from failures rather than just getting emotionally driven will help build perseverance. A clear focus on the goal and ability to continue the pursuit should lead to success.
- **Create alternatives.** Try and use unconventional problem solving approach, whenever faced with dynamic situations and new complexities.



Practical

1	2	3	4	5	6	7	8	9
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Meaning

Synonymous with pragmatic, real & hands-on; practical is being more concerned with practice than theory

Expert Analysis

You tend to give more importance to actions and do not rely on theoretical information alone. You understand that the key to efficient working is in bridging the gap between theory and practice. You acknowledge that it is important to have a realistic approach and develop functional relationships. You believe in gaining hands on experience and then using it in your personal as well as professional life

Development Plan

You have scored well in this trait

Your Personality in Detail



Organizational Skills

1	2	3	4	5	6	7	8	9
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Meaning

Organization skill is the ability and style of an individual to structure plan and meet their goals in a systematic manner

Expert Analysis

You often find it difficult to meet your goals. You don't, fully utilize your time, energy, and resources in the tasks that you undertake. You also have difficulty in being systematic and in planning your work. You tend to act in a manner that may not always be responsible due to which you are unable to set very high standards and thus, unlikely to meet the goals that you have planned for yourself

Development Plan

You can improve your organization skills by using the following strategies -:

- **Set specific & realistic goals.** This will help you in being more systematic and efficient, which will enable you to achieve set tasks.
- **Prioritize your work.** Learn to understand the difference between tasks that are highly important and need to be done immediately and the tasks that can be done later. This will help you do your work on time and not be stressed.
- **Set proper timelines.** When you start a task, set a realistic timeline for the completion of your task. This will make you more systematic and help you to be more structured in doing your task



Resilience

1	2	3	4	5	6	7	8	9
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Meaning

Resilience is the ability to pursue chosen path despite stress, high- risk status, challenges and hardships

Expert Analysis

You are fairly competent under stress and mostly achieve good outcomes in times of highly stressful circumstances. You have above average skills of adaptability and endurance. You usually stick to your chosen path, because you are quite confident of overcoming odds and bouncing back from challenges. You also often tend to see challenges as opportunities of personal growth

Development Plan

You can improve your resilience by using the following strategies -:

- **Learn to be more flexible.** It is always better to embrace change and adapt as per the requirements. It helps in handling stress in a better manner and work more effectively.
- **Be optimistic & do not lose hope.** It is always better to be optimistic during hardships. A sense of optimism helps in dealing with difficult situations.
- **Learn to tackle your problems step by step.** Think of taking small steps while resolving problematic circumstances.
- **Develop a strong social network.** Being with people that are supportive and encouraging can be very helpful in facing hardships

Your Personality in Detail



Locus of Control



Meaning

Locus of Control is the individual's perception of the power they have over events that happen in their lives. People with this trait believe that they have control over their own destiny and are convinced about their own skills

Expert Analysis

You emphasize on building your destiny through your persistence and perseverance. Belief in your abilities and skills enables you to shine in different situations and makes you an enterprising person. You like to take responsibility, work in a team, manage people, influence others and set a path for attaining your goals. Your strong perception towards yourself is contagious and it places you on a higher pedestal in others viewpoint

Development Plan

You have scored well in this trait



Enterprising



Meaning

Enterprising is being assertive, confident, high on risk-taking capacity, and having the ability to persuade others

Expert Analysis

You fit in best in groups, as you do not shift from group norms. Working with problems, you tend to stick to the tried and tested solutions, as you do not believe in risk taking. You are a person who likes his security and stability; hence, coming out from the secure zone puts you in a fix. It is difficult for you to put forward your point in an assertive manner, hence it hampers your self-confidence and esteem

Development Plan

You can improve your enterprising skills through the following strategies:

- **Be willing to admit and learn from failures and weaknesses:** No one is perfect, and everyone makes mistakes. The most successful person is one who knows that the key to success is not in avoiding failures, but to learn from them. You should continue to improve yourself in every possible way.
- **Being confident:** Learning about any area/domain in detail helps you to become confident in that particular area. You can start by learning more about your hobby.
- **Maintain a positive attitude:** With a positive attitude, you are looking at the bright side of life. People are naturally attracted to you when you have a positive attitude. By being positive, you will lead a happier life, as well as be surrounded by other positive people.
- **Being passionate:** You need to be passionate about the work you do. Passion is contagious and it helps you in persuading others.

Your Personality in Detail



Decision Making Capacity

1	2	3	4	5	6	7	8	9
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Meaning

Decision making capacity is the tendency to choose effectively from alternatives through reasoning and critical thinking

Expert Analysis

Your responses reveal that your decision making capacity is quite low. You find it difficult to take decisions in normal as well as in the conflicting situations. Even small problems may look like a great challenge at times. Your decision making capacity makes you unpredictable at times and you may not be able to take decisions in a confident manner

Development Plan

You can work on decision-making skills by using the following strategies:

- **Learn from others.** You can learn from people who are skilled or good at decision making. Learn techniques from these people, and then apply them using your own thinking.
- **You can start with normal situations and then go bottom up.** Take decisions first for ordinary situations and then move towards conflicting situations.
- **Learn from your mistakes:** Be attentive toward small mistakes and try not to repeat those mistakes in future. Also learn from the mistakes of others and apply them in your life.



Moral Conformity

1	2	3	4	5	6	7	8	9
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Meaning

Moral conformity implies standing by your principles & code of conduct rather than matching attitudes, beliefs, and behaviors to group norms so as to fit into the group

Expert Analysis

Your attitude and behavior is tilted towards what others believe rather than sticking by your principles of morality. You don't mind ignoring your own values to fit into your peer group. Though you believe in the society, cultural norms, rules, and interests of the society but on various counts your acts are not in conformity with the societal norms and consensus

Development Plan

You can work on following strategies to work on improving moral conformity levels:

- **Be Assertive** - Make an attempt to put forward your point of view with conviction
- **Think of Long Term Impact** - Avoid short term gains or giving in to temptations
- **Right Associations** - Form Associations with people who have clear understanding of right and wrong
- **Learn to say 'No'** - Saying 'No' will not spoil your relationships with others, rather it will help you make meaningful & stronger relationships.

Your Personality in Detail



Integrity

1	2	3	4	5	6	7	8	9
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Meaning

Synonymous with honesty, principles, sincerity, scruples; integrity means being honest and living by universal principles of right and wrong

Expert Analysis

Your score indicates that on one hand you perceive set norms as important and on the other hand you sometimes don't give that much importance to it. You can compromise on your set standards and integrity. Personal gains may prove to be more important for you and you may be ready to compromise on your set rules and norms. You often face conflicts to decide between right and wrong

Development Plan

Think of working on following strategies to improve on your integrity levels:

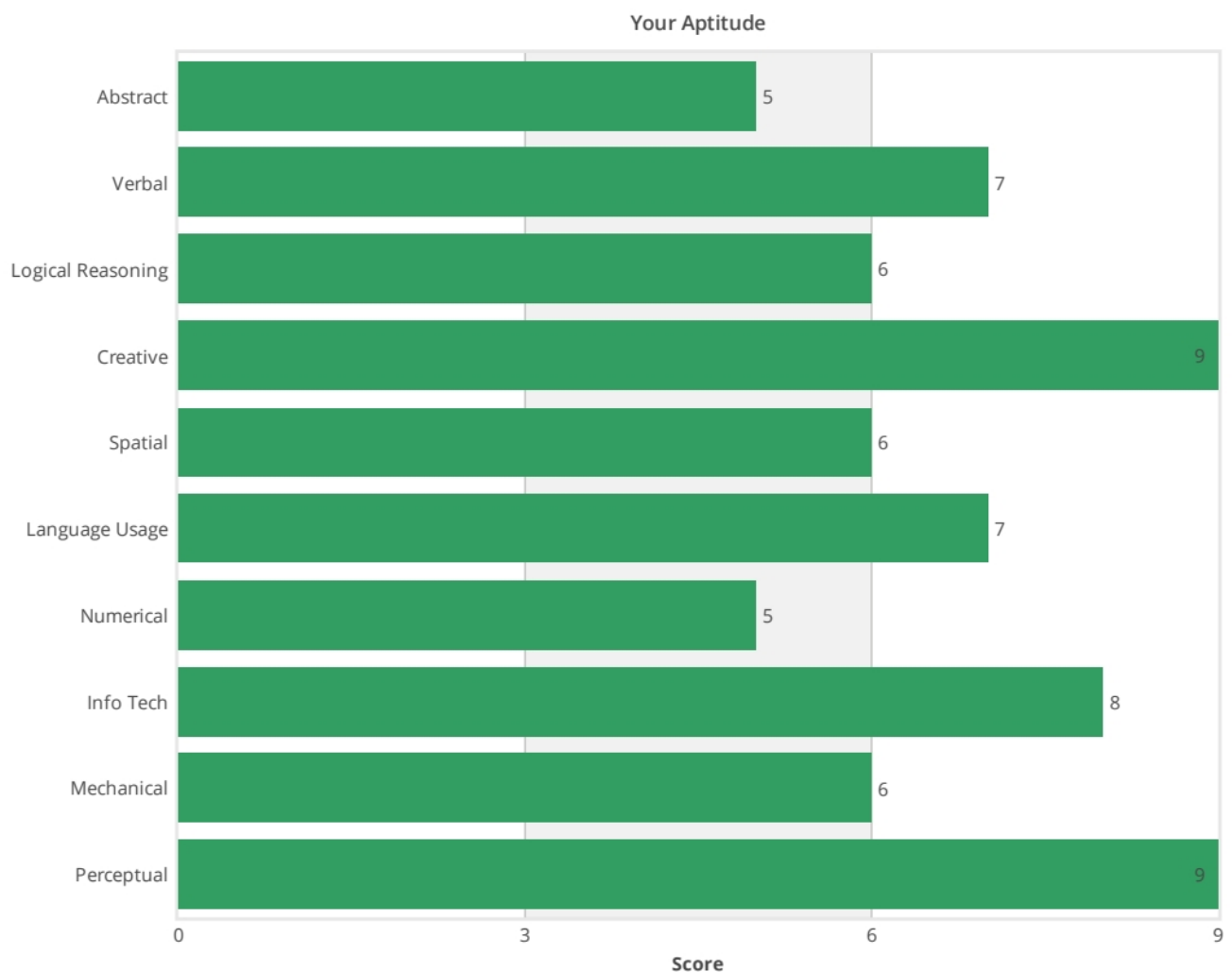
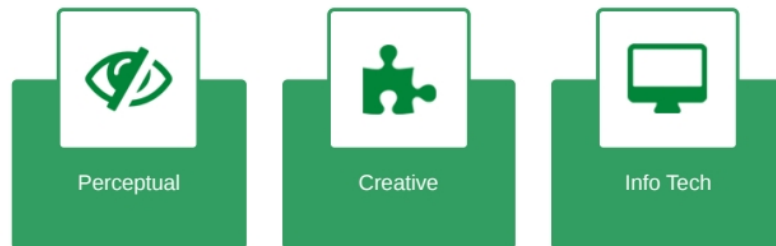
- **Right vs. Wrong Dilemma:** You should learn how to develop the difference between right and wrong and how you can deal with conflicting situations.
- **Place a rule book in your life:** Start afresh with new norms in your life. Begin with simple tasks and complete them on set timelines and gradually move to the bigger tasks. Give importance to set rules and strictly follow those rules. Be aware of your decisions and recognize your mistakes and try to not repeat them in future.
- **Accept ups & downs:** You should have courage to accept your failures along with appreciations for the achievements regardless of the person providing the feedback.

Your Aptitude

What is **Aptitude**?

Understanding your Aptitude will help you explore your innate strengths. Every individual has a unique area of expertise and their own forte. Aptitude assessment predicts what is your innate ability and potential and helps you find career options that are in sync with your aptitude.

Your Dominant Aptitude Strengths



Your Aptitude in Detail

Abstract

1	2	3	4	5	6	7	8	9
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Meaning

Ability to work with new concepts, abstract ideas & recognizing patterns and similarities

Expert Analysis

Your scores reflect that you are moderately skilled at working with new concepts, abstract ideas and recognizing patterns and similarities between them. Your scores also indicate that you are able to recognize the similarities and differences between ideas, or concepts which are not necessarily related at an average level. You are able to work out new concepts and deal with abstract ideas in most cases

Development Plan

Abstract aptitude can be developed by adopting following strategies:

- **Abstract ideas and concepts:** Give yourself a regular exposure to abstract ideas and concepts. Repeatedly examining information presented in abstract forms in books and newspapers will help you to develop a capacity for handling abstract information and looking for patterns. Try and solve puzzles, games and other forms of analytical material to enhance abstract way of thinking.
- **Patterns and relationships:** Purposefully seek patterns and relationships in things around you for enhancing abstract aptitude and outlook. You should also practice creating diagrams which represent relationships, connections and sequences

Creative

1	2	3	4	5	6	7	8	9
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Meaning

Ability to develop novel and diverse ideas and solutions for a given problem

Expert Analysis

Your scores reveal that you have high capacity to develop new and diverse ideas and solutions for a given problem. You are able to look at the creative side of things more often than others. You like to have a fresh perspective to things and hence, try to innovate most of the times. You do not believe in going strictly by the rules and like to have alternatives wherever possible

Development Plan

You have scored well in this trait

Your Aptitude in Detail

Spatial

1	2	3	4	5	6	7	8	9
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Meaning

Ability to manipulate shapes in two dimensions or to visualize three-dimensional objects presented as two-dimensional pictures

Expert Analysis

You have an average understanding of spatial relationships among objects. You are averagely skilled at mentally visualizing and manipulating objects in three-dimensional space. You are able to visualize and mentally rotate objects presented to you in two-dimension to understand it at a three-dimensional manner at an average level

Development Plan

There is a possibility to enhance your spatial understanding through practice, training, and leaning. You can use the following strategies in order to increase your spatial aptitude:

- **Studying Geometry:** Studying geometry has been found to improve spatial visualization skills. Pick up some good geometry textbooks and try to solve questions related to shape, size and relative positions of figures.
- **Games and Activities:** Pursuing certain activities such as Lego building (including computer versions), photography, doing jigsaw puzzles, playing chess, drawing, geography, studying origami, practicing visual memory games or playing computer games like Tetris can help to improve your ability at spatial visualization.
- **Practice Visualization and Spatial Thinking:** Regularly exposing yourself to three-dimensional spaces and environments along with paying conscious attention to these spaces can be of great help to develop spatial aptitude. This should progress from actual physical environments to the diagrammatic representations of these spaces

Language Usage

1	2	3	4	5	6	7	8	9
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Meaning

Ability to understand and use words along with the grammatical rules and structures to produce meaningful-novel sentences

Expert Analysis

You have a high capacity to understand and use words along with the grammatical rules and structures to produce meaningful and complex sentences. You have a high ability to detect errors in grammar, punctuation, and capitalization and are able to formulate diverse combinations of words and sentences

Development Plan

You have scored well in this trait

Your Aptitude in Detail

Verbal



Meaning

Ability to comprehend words and sentences and deduce meaningful relationship from them

Expert Analysis

You are proficient at verbal skills such as correct usage of words, grammar, word meanings, and understanding word relationships. You are usually good at finding the right words to explain ideas and are able to interpret written and spoken instructions. You are also able to absorb communication without losing concentration or becoming confused or left behind. You can learn or extract new information quite fast

Development Plan

You have scored well in this trait

Info Tech



Meaning

Ability to grasp and use principles and concepts of technology and computer programs to solve problems

Expert Analysis

You have a very good understanding of the principles and concepts of technology. Your responses indicate that you have high awareness about the basic computer programs and its applications. You are quite comfortable when it comes to dealing with computer software. Your awareness about latest technologies and software is also very high. You are extremely comfortable when it comes to learning about the working of new gadgets or software

Development Plan

You have scored well in this trait

Your Aptitude in Detail



Logical Reasoning

1	2	3	4	5	6	7	8	9
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Meaning

Ability to identify and isolate components of an argument to arrive at a complete inference and reach a conclusion

Expert Analysis

You have an average ability to apply logical reasoning to solve problems. At times you find it hard to detect the stronger arguments from the weaker ones. At times when you cannot find logical reason to support your stand, you may lean on emotional reasoning or rely on instincts

Development Plan

You can develop logical reasoning by practicing following strategies:

- **Play mind games:** You should try playing mind games such as chess, Sudoku, word games and other mystery games and puzzles that are easily available online. This will give you an understanding of the patterns and their individual elements and will help you in developing logical reasoning.
- **Practice & Perform non-routine tasks:** You should regularly practice open-mindedness and must make conscious attempt to figure out relationships among related or unrelated stimuli. Read books on logical reasoning and improve your skills by practicing a wide range of problem types.



Perceptual

1	2	3	4	5	6	7	8	9
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Meaning

Ability to accurately and quickly compare similarities and differences among sets of pictures, patterns, objects, letters or numbers.

Expert Analysis

You are quite capable of working with rapid speed and accuracy in tasks which do not necessarily require high intellectual activity. You take less time to respond to external stimuli of varied nature like pictures, patterns and objects. You can swiftly perceive a whole stimulus when parts of it are missing. You are effective where a quick and precise decision is required

Development Plan

You have scored well in this trait

Your Aptitude in Detail



Mechanical

1	2	3	4	5	6	7	8	9
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Meaning

Ability to grasp and use mechanical concepts and principles to solve problems

Expert Analysis

Your ability to understand and apply mechanical concepts and principles is average. You could easily grasp and apply mechanical principles with which you are familiar. However, you are not very confident of applying your mechanical knowledge to new challenges or problems. With adequate training and effort, you can improve your mechanical aptitude

Development Plan

You can think of developing mechanical abilities by adopting following strategies:

- **Developing sense of physical world:** You should be observant to perceive the physical world around and understand the principle through practical demonstration. You may take coaching or practical science training in subjects like Physics.
- **AV media and 3-D programs:** You can take help of the audio-visual media with 3-D programs to understand scientific principles in depth and learn to apply them to real world problems.



Numerical

1	2	3	4	5	6	7	8	9
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Meaning

Ability to quickly grasp mathematical functions and to use them to analyze and solve mathematical problems

Expert Analysis

Your ability to deal with numbers is average. You are quite confident with your basic arithmetic abilities; however, with higher mathematical functions you may face some challenges. You are able to manipulate numbers with ease, however, with increased pressure you make mistakes and your ability to manipulate numbers diminishes

Development Plan

You can develop numerical ability by adopting following interventions:

- **Mental Imagery:** You have to try making mental imagery of the problems in terms of the numerical values of the elements involved in the problem. Constant effort will be helpful in enhancing numerical/ mathematical ability.
- **Practice and increase comfort with numbers:** You must progressively keep taking different tests on numerical ability to know your current level and further try to progress to a higher level.
- **Computer-simulated mathematical games:** You can try different computer applications, games and mobile apps that are known to enhance numerical ability

Your Emotional Quotient

What is **Emotional Quotient**?

Understanding your Emotional Intelligence will help you understand your effectiveness in social situations. Emotional Intelligence assessment identifies how well do you recognize and handle your own emotions and interpersonal relationships.

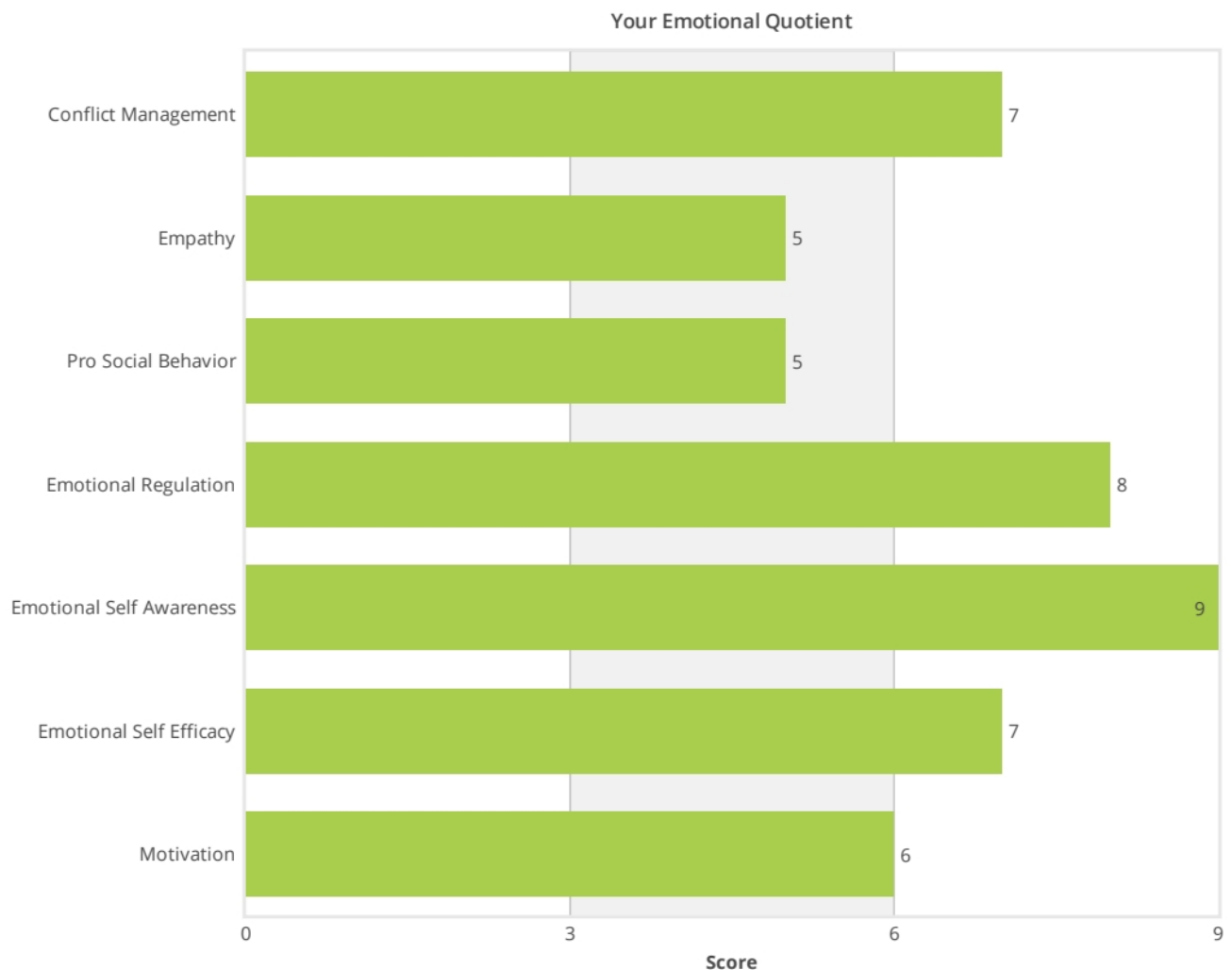
Your Dominant Emotional Quotient Strengths



Emotional Self
Awareness



Emotional
Regulation



Your Emotional Quotient in Detail



Empathy

1	2	3	4	5	6	7	8	9
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Meaning

Perceiving and being aware about emotions of others, including being sensitive to a diverse population

Expert Analysis

You have some difficulty in understanding and responding to the feelings and emotions of others. This also indicates that you find it difficult to form a good rapport with the people around you. You are somewhat uncomfortable with people sharing their feelings with you and as a result you are unable to form close relationships.. Not only do you have difficulty with others' emotive sharing, you also find it hard to understand and accept your own emotions. At times, this may make it difficult for you to respond to others with an appropriate emotional response

Development Plan

Empathy is an important social skill. It is an essential ingredient to succeed in careers as well as relationships. You can improve your empathy by using the following strategies:

- **Be self-reflexive:** Be in touch with your own feelings. Being in touch with your own emotions helps in understanding and responding to the feelings of others.
- **Communicate effectively:** For this, you may need to develop your communication skills so that you are able to clearly indicate your understanding of the other person's emotional experience.
- **Use humour to ease the situation:** However it is important to not sound too casual or seem like you are taking the situation lightly.



Pro Social Behavior

1	2	3	4	5	6	7	8	9
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Meaning

Having the motivation to help others without any personal gain

Expert Analysis

Your score means that although you do like to help others but not at a cost to yourself. There are instances where you help but the reasons are not always altruistic. Your prosocial behaviour may be motivated by egoism, long term gains, or social approval. You are sometimes plagued by moral dilemmas where your own interests may be in conflict with the needs of the others. You may find it difficult to put the interest of others before your own. Your prosocial behaviour is often motivated by extrinsic rewards and fear of punishment

Development Plan

Helping others in distress is a social duty and responsibility. Researchers have suggested that five things must happen for a person to take action. These key things are:

- **Notice what is happening around you:** you can keep yourself alert so as to notice things happening and avoid being self absorbed.
- **Interpret the event appropriately as to whether it is an emergency or not:** you can make a realistic assessment of the situation to see whether there is actually a need for assistance.
- **Experience within yourself a sense of social responsibility:** you can use the norm of social responsibility which supports helping those who are less fortunate.
- **Assess whether you have the skills to help or not:** after assessing the situation, you can see whether you possess the skills needed to help in that particular situation.
- **Make a conscious decision to extend your help:** after appropriate assessment of the situation, make a conscious effort to help in whichever way you can.

Your Emotional Quotient in Detail



Emotional Self Awareness

1	2	3	4	5	6	7	8	9
---	---	---	---	---	---	---	---	---

Meaning

Being aware of and recognize one's own emotions

Expert Analysis

You understand and recognize your own emotions very well. You are able to understand the feelings associated with the emotions that you experience, and also understand what you think and do as a result of those feelings. This quality of high emotional self-awareness helps you understand the reasons for your actions, because it is these emotions that actually drive your behavior. This gives you greater control over the decisions you make. You are not carried away by your negative emotions. You have the ability to deal with the potentially destructive emotions quickly and prevent them from harming you or others

Development Plan

You have scored well in this trait



Emotional Self Efficacy

1	2	3	4	5	6	7	8	9
---	---	---	---	---	---	---	---	---

Meaning

Belief in one's capability to understand and deal with one's emotions

Expert Analysis

You have a strong belief in your potential to understand and deal with your own emotions. Your perceived capacity to deal with negative emotions is high. Also, you strongly believe in your ability to understand and regulate your emotions. You believe that you have control over your emotions. This enables you to manage them internally by solving problems in difficult situations, without being affected by them. You also take ownership of your emotions and clearly understand that they reflect your personal and subjective experience

Development Plan

You have scored well in this trait

Your Emotional Quotient in Detail



Emotional Regulation



Meaning

Managing one's constructive as well as destructive emotions well. Ability to manage stress, anger and anxiety

Expert Analysis

You are able to manage your constructive as well as destructive emotions exceedingly well. You respond to ongoing situations with the range of emotions that are socially acceptable and sufficiently flexible. You can come with spontaneous reaction to varied situations as well as have the ability to delay spontaneous reaction as and when needed. You can easily focus on the task assigned and have the ability to suppress inappropriate behavior under instruction. You can modulate anxiety as per the requirement of the task performed and are not overwhelmed by it. You don't give in easily to pressure and are able to assert yourself whenever the situation demands. You can intuitively decipher the emotional strategies appropriate for a given situation and can direct emotions towards creative endeavors

Development Plan

You have scored well in this trait



Motivation



Meaning

Having achievement drive, optimism, and being committed to one's values, needs and goals

Expert Analysis

You find it easy to initiate goals and you have no problems in sustaining them. You seek the help of others, think positively about your ability to achieve goals and this acts as a source of strength when you are faced with problems and challenges. With some effort you are able to sustain constant attention on your goals; you also have various strategies to ward off distractions which come in the way of attaining your goals. Although, when the challenges are too overpowering, you find it hard to maintain your drive in some situations. Most of your goals are intrinsically fulfilling, which is a big source of your drive. You also have a good range of skills that you can use to lift your morale when you are feeling low

Development Plan

- **Set SMART goals:** Goals that are specific, measurable, achievable, realistic and time bound.
- **Reward yourself:** Reward yourself each time when you achieve a small goal. This will motivate you to set goals in the future.
- **Ask for help:** You also need to ask for help whenever you face a challenging situation and feel like giving up.

Your Emotional Quotient in Detail



Conflict Management

1	2	3	4	5	6	7	8	9
---	---	---	---	---	---	---	---	---

Meaning

Ability to resolve conflicts through negotiations

Expert Analysis

You strongly believe that great results can be achieved by mutual consent of the parties involved. You are very good at understanding your own need and that of the others involved in the conflict. You are a good listener, and listen to both sides before resolving their differences and aligning their interests. Your ability to pay attention to the non-verbal behavior makes you an effective listener. You are confident of maintaining your emotional composure in stressful situations. This allows you to bring humor into the conflict resolution process, whenever things start to get difficult. You have a readiness to forgive, compromise and move on and this allows you to focus on mutual benefits of the parties involved. You are known for your integrity, which makes you a trustworthy person.

Development Plan

You have scored well in this trait

Your Dominant Style



People Orientation



Creative
Orientation

Your Dominant Interests



Defense Services



Psychology



Governance &
Administration



Engineering,
Information &
Technology

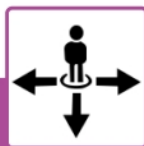


Applied Arts

Your Dominant Personality



Locus of Control



Practical



Enthusiasm

Your Dominant Aptitude



Perceptual



Creative



Info Tech

Your Dominant Emotional Quotient

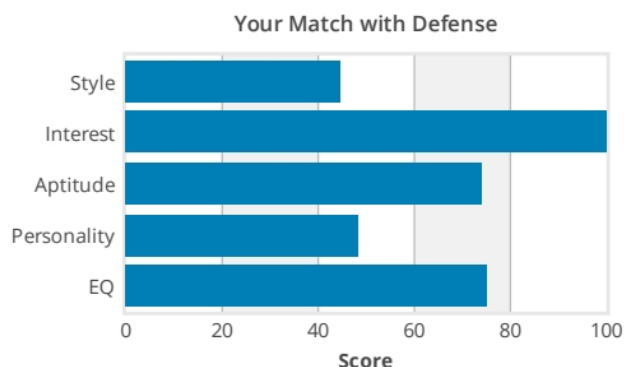


Emotional Self
Awareness



Emotional
Regulation

Career Match with Defense



A career in defense forces promises one of the most prestigious and respected positions in the country. The Indian Armed Forces are the military forces of India, which consists of four professional uniformed services: The Indian Army, Indian Air Force, Indian Navy and Indian Coast Guard. The various paramilitary organizations and various inter-service institutions also help the Indian Armed Forces. The Ministry of Defense is responsible for the management of armed forces in India.

Armed forces offer very exciting career to young men and women in several fields. Career in the forces promises a life full of adventure. To ensure that appropriate candidates are chosen, a comprehensive selection process is adopted by the armed forces through Service Selection Board (SSB) Interview.

Selection procedure involves three phases: Objective test, Interview and medical examination. Candidates applying for Air force and Navy must have Physics and Maths in the +2 level exam. Students can apply after class 12 (NDA) or after graduation (CDS) for defense services.

Candidates finally selected by SSB are absorbed by armed forces. Individuals are exposed to various forms of training and promotions at different levels.

[Read more about Defense >](#)

Career Match with Defense

Top 10 Skills Needed for a Career in Defense

- Physical fitness
- Discipline
- Mental toughness
- Resilience
- Leadership
- Communication
- Strategic Thinking
- Adaptability
- Technical Skills
- Ethics

Trending Jobs in the Domain of Defense

- Indian Army
- Indian Navy
- Indian Air Force
- Indian Coast Guard
- National Security Guard
- Central Reserve Police Force
- Border Security Force
- Assam Rifles
- Territorial Army
- Military Nursing Service

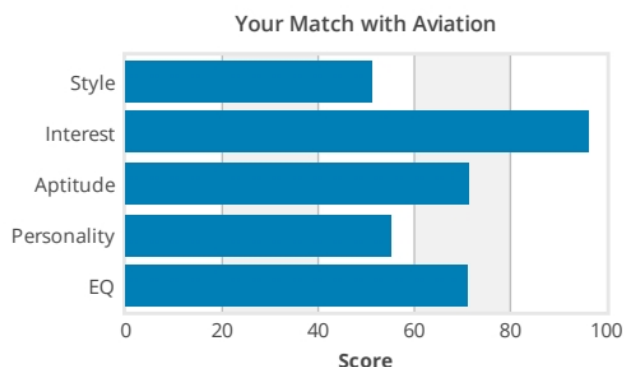
Common Entrance Exams for Defense in India

- National Defense Academy (NDA) Exam

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Discover more at <https://www.aptguru.net/careerlibrary>

Career Match with Aviation



Aviation is still amongst the most rewarding and fascinating careers. Aviation refers to all the activities involving the operation of aircrafts. The courses in India deal with Flying Operation, Aircrew, Aircraft, Air Traffic Management, Aviation safety and economics of the airport. Aircraft pilots are highly trained professionals and require intensive training & skill up gradation. Being a highly specialized job one is required to have knowledge of air navigation, interpreting meteorological reports, lead the aircraft under varied circumstances and be a leader to the crew and passengers.

At technical level, a lot of skills are prerequisite for the pilots and they have to qualify many tests to get the license to fly. Getting the DGCA (Directorate General of Civil Aviation) license to fly the airplane is highly competitive in nature.

For a career as a Pilot, one should pass the 10+2 level with the subject combination of Physics, Chemistry and Maths. Post class 12th one can try and crack the entrance exams of the flying schools in India and also clear the physical fitness requirements.

Leading recruiters include well known International and domestic airlines such as Emirates, Singapore Air, Etihad, Jet Airways and Air India.

Trending fields- Commercial Pilot, Private Jet Pilot, Aircraft Maintenance Engineer etc.

[Read more about Aviation >](#)

Career Match with Aviation

Top 10 Skills Needed for a Career in Aviation

- Communication skills
- Technical knowledge
- Problem-solving skills
- Decision-making skills
- Attention to detail
- Time management
- Leadership skills
- Teamwork
- Safety consciousness
- Physical stamina and fitness

Trending Jobs in the Domain of Aviation

- Pilot
- Aircraft Maintenance Engineer (AME)
- Air Traffic Controller (ATC)
- Aerospace Engineer
- Aeronautical Engineer
- Service Maintenance Engineer
- Flight Test Engineer
- Aircraft Production Manager
- Aircraft Dispatcher
- Aviation Operations Manager

Institutes /Universities in India Offering Undergraduate Programs Aviation

- Indira Gandhi Rashtriya Uran Academy, Rai Bareilly
- National Flying Training Institute, Gondia
- The Bombay Flying Club (BFC), Mumbai
- Government Aviation Training Institute, Bhubaneswar
- Hindustan Aviation Academy
- Ahmedabad Aviation and Aeronautics
- Flying Training Institute, Kolkata
- Rajasthan State Flying School, Jaipur
- Wingsss College of Aviation and Technology, Pune
- Rajiv Gandhi Academy of Aviation Technology, Kerala

Institutes /Universities Abroad Offering Undergraduate Programs in Aviation

- RMIT University, Australia
- University of South Australia
- University of Toronto, Canada
- California Institute of Technology (Caltech), USA
- Embry-Riddle Aeronautical University, USA
- Delft University of Technology, Netherlands
- Imperial College London, UK
- Nanyang Technological University (NTU), Singapore
- National University of Singapore (NUS), Singapore
- University of Limerick, Ireland

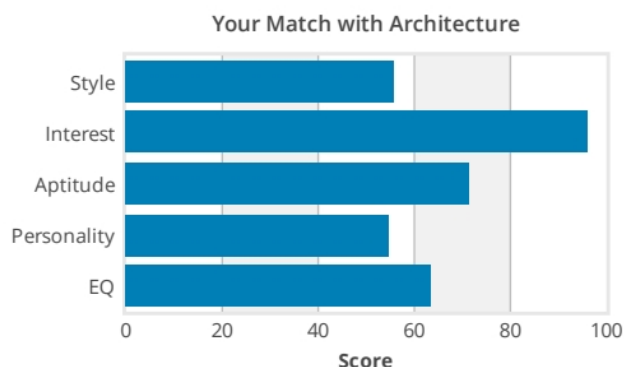
Common Entrance Exams for Aviation in India

- Joint Entrance Examination (JEE) Mains and Advanced
- Indira Gandhi Rashtriya Uran Akademi (IGRUA) Entrance Exam
- National Defence Academy (NDA) Entrance Exam

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Career Match with Architecture



Architecture is a highly ambitious field these days as structural designs and modern buildings are taking over not just the city, but the country's infrastructure is also getting a facelift and new avenues are opening up for the hopeful students. Architecture fields include Landscape Design, Urban Design and Planning, Ecological Management, Urban Conservation, Heritage Management amongst many others.

While many people find this career fascinating and therefore lakhs of candidates apply and compete to get through the premier institutions through the entrance-test.

It is recommended that aspirants take Maths, Physics, Chemistry and Engineering Drawing at 10+2 level for this course. There are multiple entrance tests such as NATA which is National Aptitude Test of Architecture and on the basis of ranking /marks obtained in these entrance tests, the students are selected for college courses.

Top recruiting firms- Architecture Design Firms, Real Estate Firms, Engineering Firms, Government Bodies

Trending fields - Landscape Designer, Interior Designer, Urban Design and Planning

[Read more about Architecture >](#)

Career Match with Architecture

Top 10 Skills Needed for a Career in Architecture

- Creativity and imagination
- Strong visual communication skills
- Proficiency in architectural software such as AutoCAD, Revit, and SketchUp
- Knowledge of building codes and regulations
- Attention to detail
- Problem-solving and critical thinking skills
- Time management and organization
- Collaboration and communication skills
- Understanding of sustainability and green design principles
- Adaptability and flexibility

Trending Jobs in the Domain of Architecture

- Architect
- Urban planner
- Interior designer
- Landscape architect
- Construction manager
- Project manager
- Building surveyor
- Building inspector
- Sustainable design consultant
- Facility manager

Institutes /Universities in India Offering Undergraduate Programs Architecture

- Indian Institute of Technology (IITs)- Kharagpur, Roorkee, BHU
- National Institutes of Technology (NITs)- Multiple locations
- School of Planning and Architecture (SPAs)- Delhi, Bhopal, Vijayawada
- Sir JJ College of Architecture, Mumbai
- CEPT, Ahmedabad
- Chandigarh College of Architecture, Chandigarh
- Sushant School of Art and Architecture, Haryana
- Birla Institute of Technology (BIT), Mesra
- Faculty of Architecture -Jamia Millia University
- Rizvi College of Architecture, Mumbai

Institutes /Universities Abroad Offering Undergraduate Programs in Architecture

- Massachusetts Institute of Technology (MIT), USA
- Harvard University, USA
- University of British Columbia, Canada
- ETH Zurich, Switzerland
- Delft University of Technology, Netherlands
- University College London (UCL), UK
- University of Cambridge, UK
- University of California, Berkeley, USA
- University of Hong Kong, Hong Kong
- National University of Singapore (NUS)

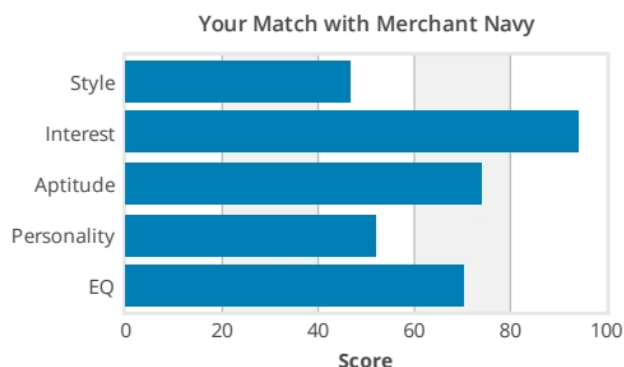
Common Entrance Exams for Architecture in India

- National Aptitude Test in Architecture (NATA)
- Joint Entrance Examination (JEE) Paper 1 + JEE Advanced +AAT
- Joint Entrance Examination (JEE) Paper 2

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Career Match with Merchant Navy



Opportunity to travel around the world, enjoy adventures on the high seas and possibility of high remuneration makes Merchant Navy an attractive career opportunity for many youngsters. Merchant Navy is different from the Indian Navy as it operates in the domain of offering commercial services unlike Indian Navy, which is mainly, involved with India's defense. Merchant Navy forms the backbone of international trade and import-export business via the sea route. Though the career offers high remuneration, which lures the aspirants, but its a tough job, as one has to stay away from home for months.

Job opportunities for this career option are excellent with both government and private shipping companies requiring trained professionals for positions in multiple departments of ships such as Deck, Engine and Service.

Student's interested in this career must pursue PCM at the 10+2 level and should also meet the set physical requirements. Admission in colleges is through an entrance test followed by screening test/ written examination and interviews.

Top recruiting firms - Shipping Corporation of India, Great Eastern Shipping, Chevron & Mobil of USA, d'Amico, Wallem Ship Management of Hong Kong

Trending fields - Marine Engineers, Navigating Officers

[Read more about Merchant Navy >](#)

Career Match with Merchant Navy

Top 10 Skills Needed for a Career in Merchant Navy

- Strong problem-solving and decision-making abilities
- Good communication and interpersonal skills
- Teamwork
- Physical fitness and stamina
- Spatial aptitude
- Perceptual aptitude
- Leadership qualities
- Ability to adapt to changing environments and situations
- Crisis management skills
- Knowledge of international maritime laws and regulations

Trending Jobs in the Domain of Merchant Navy

- Captain/Master
- Chief Officer/First Officer
- Second Officer
- Third Officer
- Chief Engineer
- Second Engineer
- Third Engineer
- Electrical Officer
- Deck Cadet
- Engine Cadet

Institutes /Universities in India Offering Undergraduate Programs Merchant Navy

- Indian Institute of Technology (IIT), Kharagpur & Madras
- Indian Maritime University (IMU)
- Tolani Maritime Institute, Pune
- Maharashtra Academy of Naval Education and Training (MANET), Pune
- Anglo Eastern Maritime Academy, Karjat
- Haldia Institute of Maritime Studies and Research, West Bengal
- BP Marine Academy, Navi Mumbai
- Vels Academy of Maritime Studies, Tamil Nadu
- Academy of Maritime Education and Training (AMET), Tamil Nadu
- Coimbatore Marine College

Institutes /Universities Abroad Offering Undergraduate Programs in Merchant Navy

- Massachusetts Maritime Academy, USA
- California Maritime Academy, USA
- University of New South Wales (UNSW Sydney), Australia
- Australian Maritime College, Australia
- Memorial University of Newfoundland, Canada
- Shanghai Maritime University, China
- University of Limerick, Ireland
- Singapore Maritime Academy, Singapore Polytechnic
- Newcastle University, England
- University of South Wales, UK

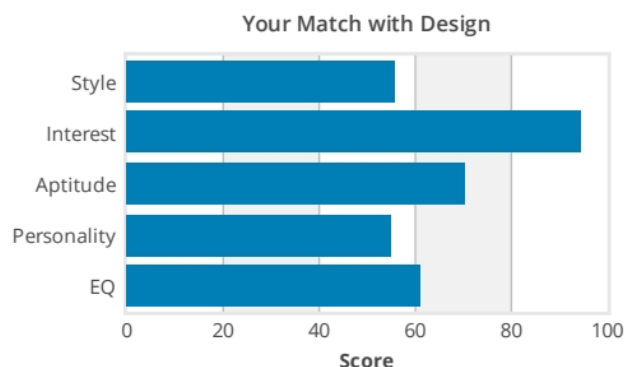
Common Entrance Exams for Merchant Navy in India

- Indian Maritime University Common Entrance Test (IMU-CET)
- JEE Mains and Advanced
- Vels Entrance Exam (VELSEE)
- Tolani Maritime Institute Science Aptitude Test (TMISAT)

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Career Match with Design



Career in design is for people who have a creative outlook and are able to form innovative connections between colors, shape, materials and textures. Designers are required in nearly every field whether in designing cars, clothes, buildings, products, logos, theatre sets, merchandise sets, landscapes etc. While most indulge in computer-aided designs, a basic fine art is also intrinsic to designing.

Design has wide variety of sub fields including graphic designing, fashion designing, interior designing, web designing, set designing, industrial designing, visual merchandise designing etc. Each of these categories requires a domain specialization. One can select their area of specialization on the basis of their interest, skill and aptitude. Most institutes have an entrance exam for admission and competition for the premier institutes like NID and NIFT is quite high.

In order to build a career in design one should have a bachelor's or master's degree in the particular field.

Designers can find jobs in Fashion Houses, Media Houses, Automobile Industry, Technology Firms, Web Designing Firms etc. A lot of designers also pursue their career as a Freelancer.

Trending Field: Graphic Design, Fashion Design, Animation & Graphics

[Read more about Design >](#)

Career Match with Design

Top 10 Skills Needed for a Career in Design

- Creativity
- Technical skills
- Communication skills
- Attention to detail
- Time management
- Problem-solving skills
- Collaboration skills
- Adaptability
- Business acumen
- Empathy

Trending Jobs in the Domain of Design

- UX Designer
- UI Designer
- Graphic Designer
- Industrial Designer
- Motion Graphics Designer
- Game Designer
- Fashion Designer
- Interior Designer
- Web Designer
- Architect

Institutes /Universities in India Offering Undergraduate Programs Design

- National Institute of Design (NID), Ahmedabad | Madhya Pradesh | Andhra Pradesh | Assam
- Indian Institute of Technology (IIT), Bombay | Guwahati | Delhi | Hyderabad | Roorkee
- Indian Institute of Information Technology, Design and Manufacturing, Jabalpur
- Srishti School of Art Design and Technology, Bengaluru
- MIT Institute of Design, Pune
- National Institute of Fashion Technology (NIFT), Delhi | Multiple Locations
- ISDI School of Innovation & Design, Mumbai
- Symbiosis Institute of Design, Pune
- Pearl Academy, Delhi | Multiple Locations
- World University of Design, Sonipat

Institutes /Universities Abroad Offering Undergraduate Programs in Design

- Rhode Island School of Design, USA
- Parsons School of Design, USA
- Pratt Institute, USA
- University of the Arts London, UK
- Royal College of Art, UK
- Politecnico di Milano, Italy
- École Nationale Supérieure des Arts Décoratifs, France
- Design Academy Eindhoven, Netherlands
- Aalto University, Finland
- Emily Carr University of Art + Design, Vancouver

Common Entrance Exams for Design in India

- National Institute of Design (NID) Entrance Exam
- Undergraduate Common Entrance Exam for Design (UCEED)
- Srishti Manipal Entrance and Aptitude Test (SMEAT)
- AIEED
- NIFT Entrance Exam

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Consult with our experts



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