

College Discovery Report

Deep insights on your holistic profile and recommended career paths according to your strengths.



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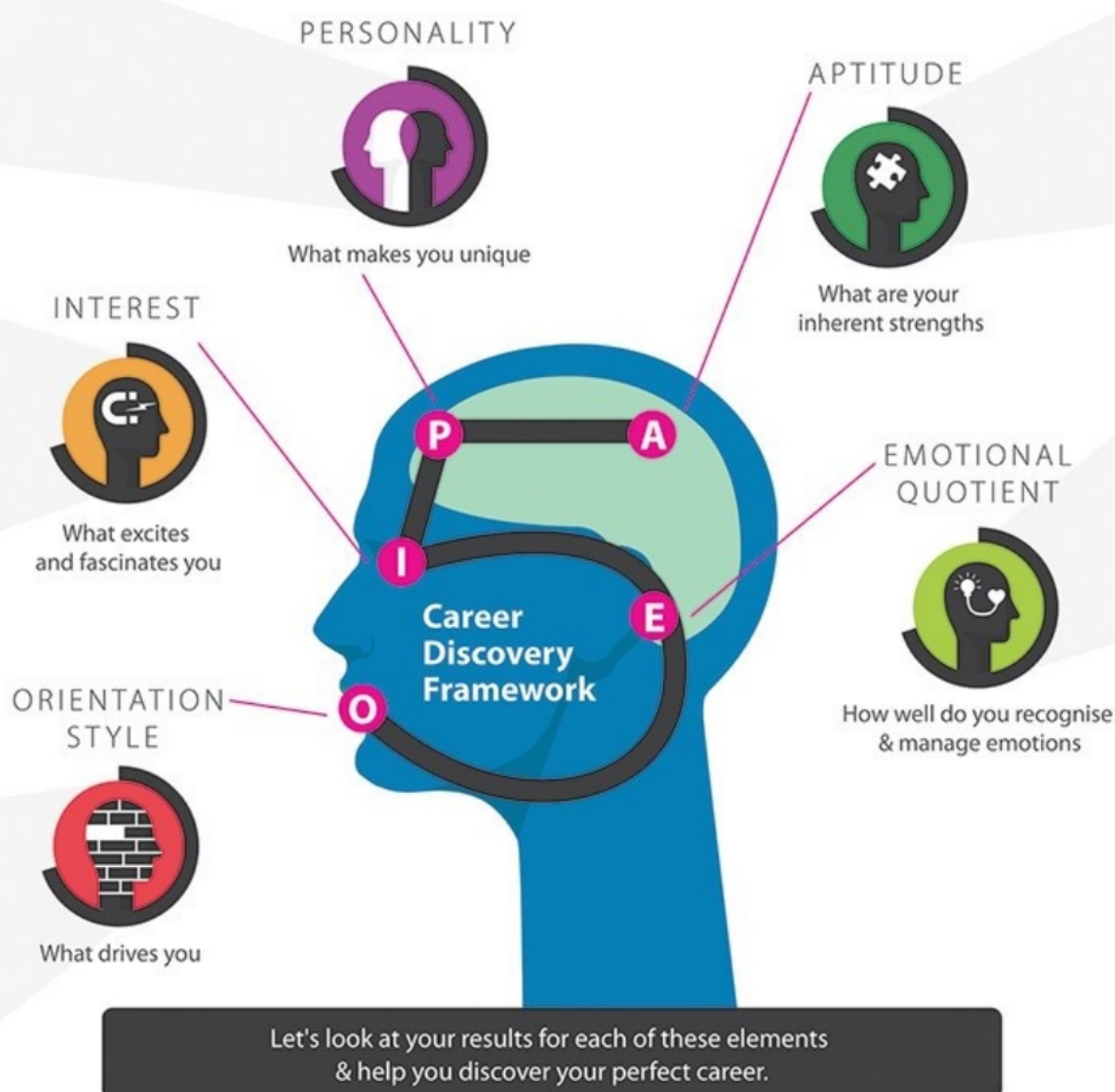
School:

Career Assessment Framework

Congratulations on completing the Career Assessment Framework! Your comprehensive career discovery report is now ready to give you your best-fit career matches.

Our award-winning career guidance framework and assessment tool have been developed by a team of some of the top psychometricians, industry experts and researchers in the world. It is the most accurate and valid career assessment, with a blend of advanced technology and millions of research data points collected from students from multiple demographics and cultures.

Our 5-dimensional framework, the first of its kind, has been tailor-made for students. These 5 dimensions together form the pillars of career guidance, and will help you make a scientific and accurate choice for career success.



Your Orientation Style

What is **Orientation Style**?

Orientation style identifies what an individual is driven by. Understanding the orientation style will help you with career decision based on your dominant style of interaction with the surroundings.

Your Dominant Style



People Orientation

The scores obtained on this style inventory indicate that you are people-oriented. This means that you like to interact with people and have an understanding of their problems and needs. You are drawn more to seek close relationships with others. Your style indicates that you will be good in tasks in which you have to lead, direct and persuade others. You cooperate well with others and can express yourself clearly. You make friends easily and are observed as trustworthy, social and helpful at the workplace.

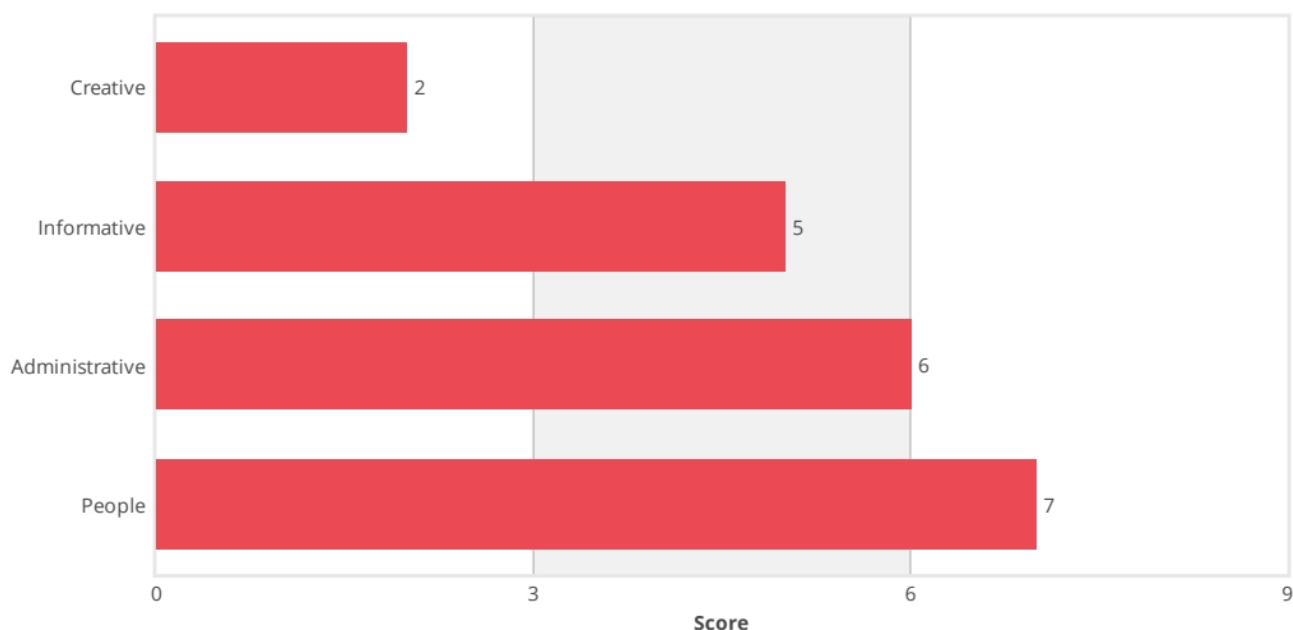
Your Secondary Style



Administrative Orientation

The scores obtained on this style inventory indicate that you are administrative orientated. This means that you are good with work tasks in which you have to deal with facts, number, records, files and data. You prefer to work in an organized systematic manner paying close attention to details. You would be good in tasks which require a high sense of responsibility and rule-abiding norms. You are good in perceiving the practical aspects of problem and solving it through rulebooks and guidelines. You may be observed as being practical, realist and organized at the workplace.

Your Orientation Style

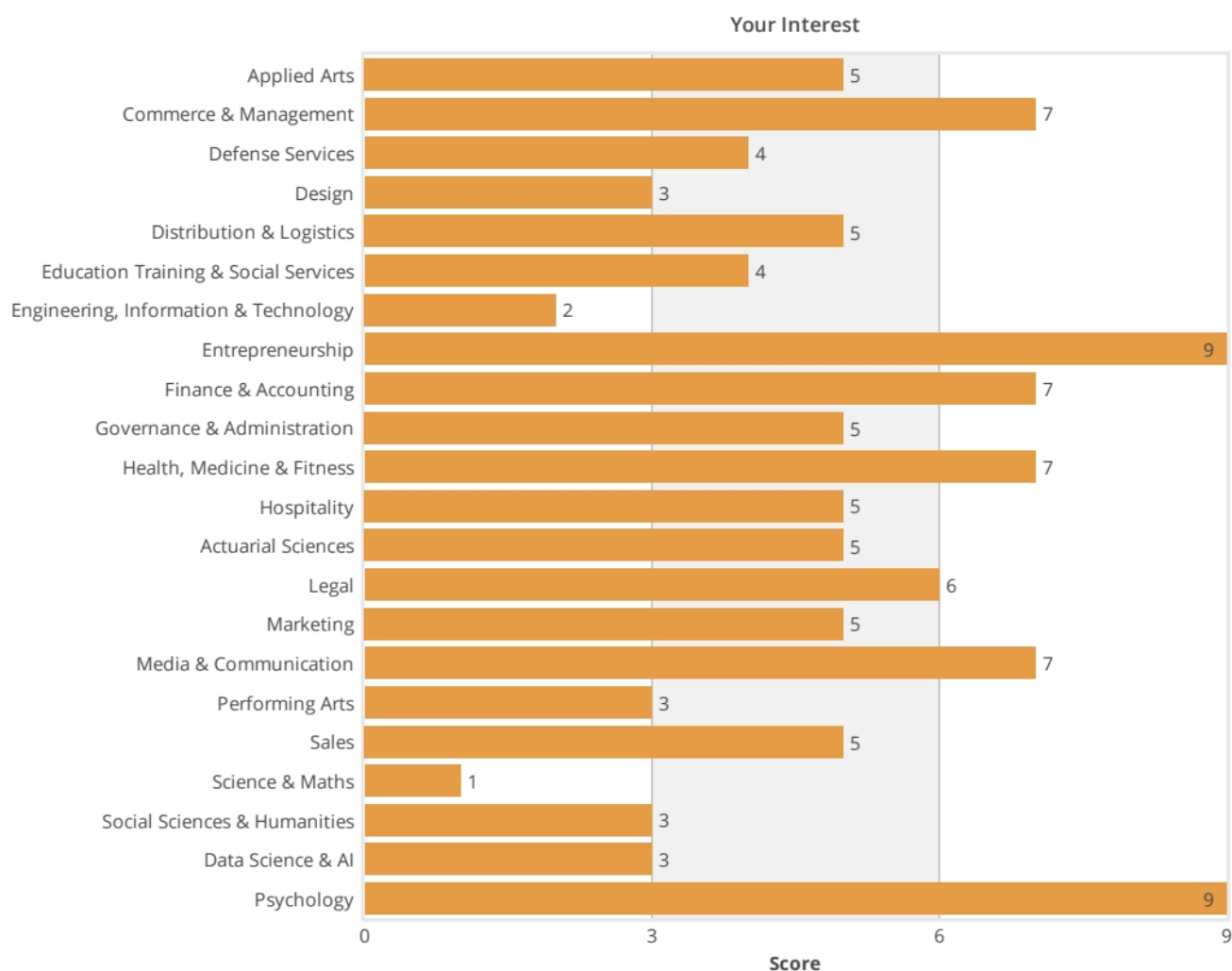
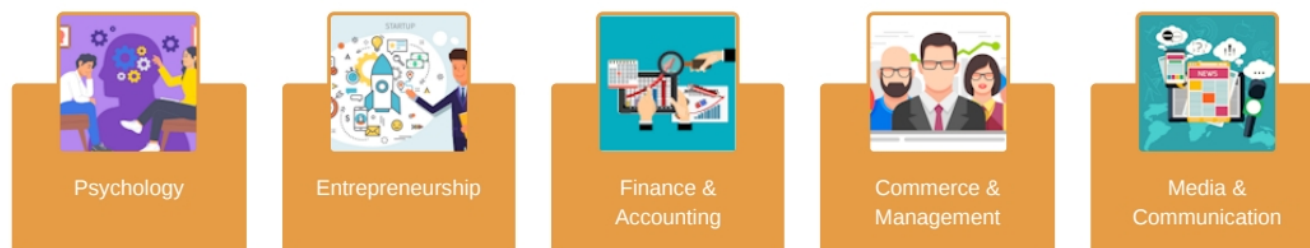


Your Interest

What is **Interest**?

Understanding your Interest will help you identify what work areas excite you and helps you identify career options which are personally rewarding. Interest assessment explores your interest across multiple career options to find the right match which shall keep you engaged.

Your Dominant Interest Areas

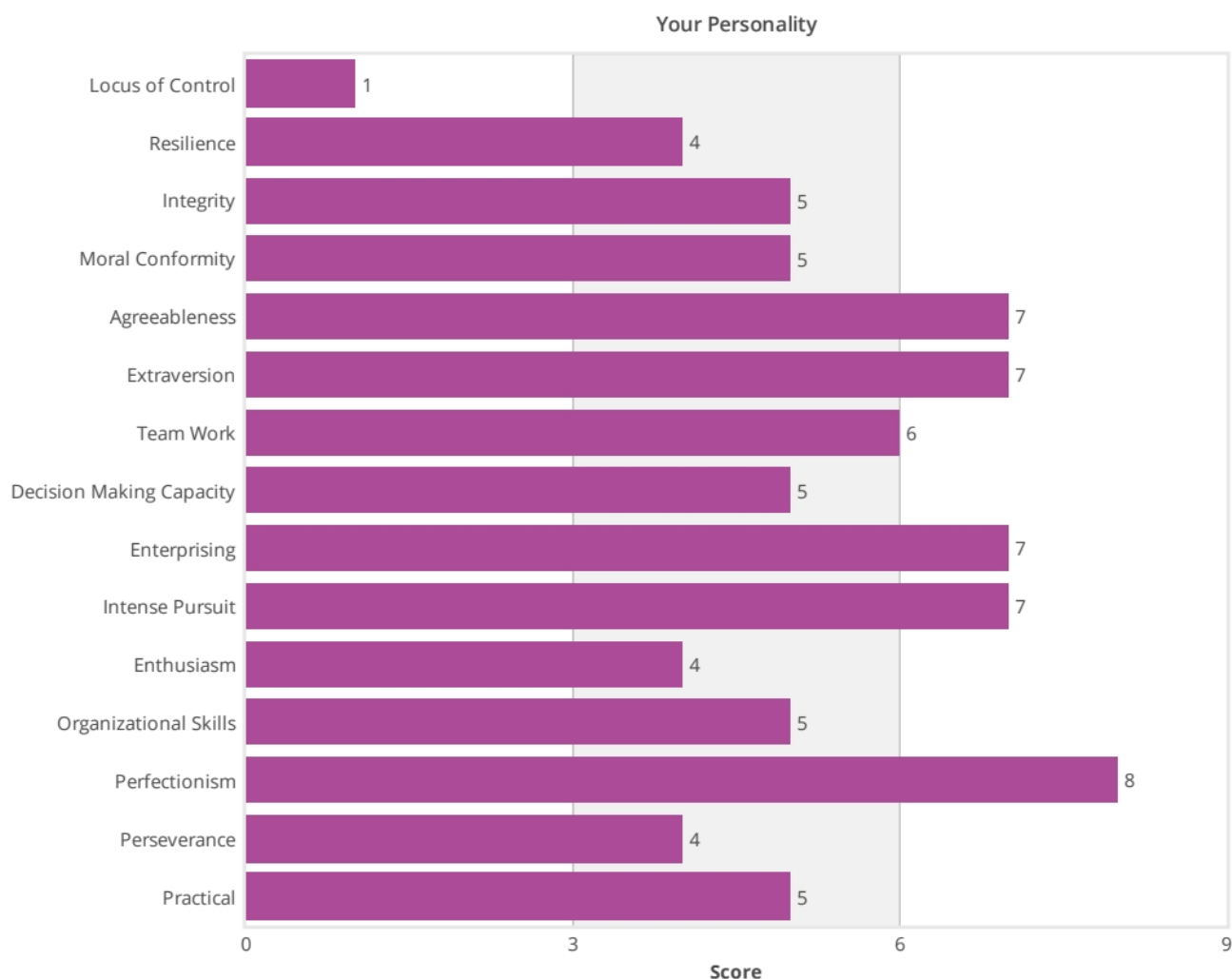
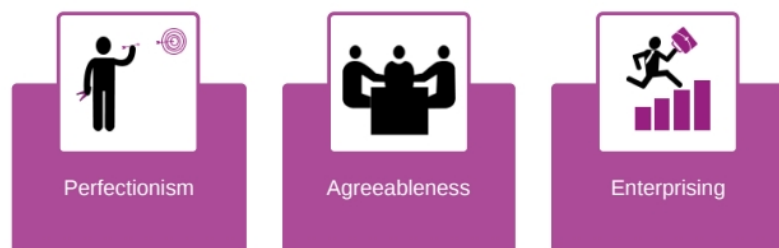


Your Personality

What is **Personality**?

Understanding your Personality will help you identify your consistent behavior patterns. Every individual is different due to their unique blend of attributes. Personality assessment identifies what career options suit your style and match your personal attributes.

Your Dominant Personality Traits



Your Personality in Detail



Enthusiasm

1	2	3	4	5	6	7	8	9
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Meaning

Synonymous with vitality, spiritedness & vigor, enthusiasm is having abundant or intense energy and curiosity to gather knowledge

Expert Analysis

You are not very enthusiastic to gain more knowledge from your surroundings. You tend to avoid new experiences and do not feel very energetic in general. Your energy levels are low most of the times and you are reserved in your interaction with others. If at the start of a project or goal you meet with setbacks, you may feel the urge to give up. This restricts you from questioning about your surroundings and consequently seeking answers

Development Plan

You can increase your enthusiasm by using following strategies:

- **Develop a sense of humor:** People with high enthusiasm, have a contagious sense of humor. Sulking about your life will further lower your spirits. Start looking at your problems as opportunities for new learning and experiences. When engaged in heated arguments, try to use humor to lighten the situation.
- **Start questioning:** You need to question the various happenings around you. This will help you to make efforts to seek answers to those questions. Do not hesitate to question and remember that nobody knows everything.
- **Healthy Lifestyle:** If you are exhausted, with too much work, it is impossible to radiate enthusiasm. Take frequent breaks between your work schedule and have adequate sleep at night. Take a balanced diet along with physical workout on regular basis



Intense Pursuit

1	2	3	4	5	6	7	8	9
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Meaning

Synonymous with dedication, devotion & zeal; intense pursuit is having a clear intention, aim, interest, commitment and strong desire to pursue on a chosen path

Expert Analysis

You are very determined and have a strong will power. You are very passionate about what you choose, and tend to devote all your energy and time to it. Your pursuit of goals is full of unmatched commitment and zeal despite various ups and downs. This quality of being focused in achieving your goals helps you make constant efforts until you reach your goal. Your ability to be intensely absorbed in your pursuits enables you to keep trying and making continued efforts until your goal is achieved

Development Plan

You have scored well in this trait

Your Personality in Detail



Extraversion



Meaning

Extraversion is the ability to talk easily to others, assert viewpoints and prefer working in groups, rather than working alone

Expert Analysis

You take immense pleasure in social gatherings; enjoy spending time with people and dislike loneliness. You are energetic & have the ability to approach strangers with ease and can initiate conversation on a wide range of topics. You prefer working in groups rather than working alone. You eagerly share your opinions among group members and find it easy to assert yourself

Development Plan

You have scored well in this trait



Agreeableness



Meaning

Agreeableness is the ability to sympathize with others, trust them and be warm, concerned and cooperative towards them

Expert Analysis

You are warm, friendly and tactful in your approach in dealing with others. You are considerate and cooperative towards others. You are of the opinion that people are generally honest, sincere and trustworthy. You resolve your differences with others in a peaceful manner and avoid conflicts at all costs. You like to help people and are always willing to work towards maintaining social harmony. One of your key strength is that you do not carry any ill will towards others, and believe in forgiving them

Development Plan

You have scored well in this trait

Your Personality in Detail



Team Work

1	2	3	4	5	6	7	8	9
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Meaning

Team work implies including not only your views but also the views of others while working towards a common goal. It involves working collaboratively with people and maximizing the team output

Expert Analysis

You have an above average ability to work collaboratively within a group of people in order to achieve a goal. You believe in partnerships and can relate to others quite easily. You have fairly good communication skills which help you to maintain good relationships with others. You tend to take the opinions of others while taking decisions most of the time. Such qualities help you work in teams with ease

Development Plan

Your scores indicate that you need to put some effort to develop your ability to work collaboratively within a group of people in order to achieve a goal. You can do this by:

- **Be an active listener:** Developing listening skills will help you to understand others viewpoints, provide you with learning opportunities and will also minimize misunderstandings. Wherever warranted, you need to express your views to others.
- **Add humor:** Adding humor in your day-to-day dealings with others will help you to keep a sense of perspective and will also work as a great bonding tool.
- **Group activity:** You need to try and engage yourself in more group activities wherein coordination and cooperation with members of the team will help achieve the common objective



Perfectionism

1	2	3	4	5	6	7	8	9
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Meaning

Perfectionism is the desire to strive for flawlessness and set high standards of excellence

Expert Analysis

You have intense desire to achieve high standards of excellence. Due to this, you tend to find faults with your own actions and strive to improve upon them until they are flawless. You act very responsibly and are curious about things happening around you. You have a tendency to work hard to achieve high standards. You work meticulously in any task that you undertake. Such perfectionism helps you to deal with challenges under different situations

Development Plan

You have scored well in this trait

Your Personality in Detail



Perseverance

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Meaning

Perseverance is the determination of an individual to complete a task, irrespective of the obstacles

Expert Analysis

You tend to get influenced with failures and find it difficult to start again. You often see obstacles as barriers towards success and may underestimate your own potential to overcome them. Inadequate stress coping strategies interfere with your determination for work. You are often unable to deal with delays in success. You do have the potential to strive and reach your goals but low self esteem impacts your persistence

Development Plan

You can improve your perseverance levels by using the following strategies:

- **Strengthen the belief that nothing is impossible.** Everything is possible if you make constructive efforts to achieve it.
- **Running away from problems is not a solution.** Facing them and dealing with them will help you find a solution.
- **Learn from Failures.** Learning from failures rather than just getting emotionally driven will help build perseverance. A clear focus on the goal and ability to continue the pursuit should lead to success.
- **Create alternatives.** Try and use unconventional problem solving approach, whenever faced with dynamic situations and new complexities.



Practical

1	2	3	4	5	6	7	8	9
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Meaning

Synonymous with pragmatic, real & hands-on; practical is being more concerned with practice than theory

Expert Analysis

You tend to hold on to theoretical assumptions and do not focus too much on its practical application. You may lose efficiency as a result of the gap between theory and practice. You also have a tendency to dismiss the role of experience and focus more on achieved qualifications. You may have many interesting ideas but they may lack realistic application

Development Plan

You can improve your tendency of being more concerned with theory rather than with practice by following certain strategies such as -:

- **Try it out** - Hands on experience will help you in testing of assumptions and your own belief.
- **Visualize reality** - Try to visualize the practical aspects of theories in day to day situations.
- **Challenge the status quo** - Don't go by pre-set standards or assumptions. Try to challenge the existing way of doing things.
- **Functional Connect** - Develop a functional connect between theory and its practice so as to have a more realistic understanding.

Your Personality in Detail



Organizational Skills

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Meaning

Organization skill is the ability and style of an individual to structure plan and meet their goals in a systematic manner

Expert Analysis

You often find it difficult to meet your goals. You don't, fully utilize your time, energy, and resources in the tasks that you undertake. You also have difficulty in being systematic and in planning your work. You tend to act in a manner that may not always be responsible due to which you are unable to set very high standards and thus, unlikely to meet the goals that you have planned for yourself

Development Plan

You can improve your organization skills by using the following strategies -:

- **Set specific & realistic goals.** This will help you in being more systematic and efficient, which will enable you to achieve set tasks.
- **Prioritize your work.** Learn to understand the difference between tasks that are highly important and need to be done immediately and the tasks that can be done later. This will help you do your work on time and not be stressed.
- **Set proper timelines.** When you start a task, set a realistic timeline for the completion of your task. This will make you more systematic and help you to be more structured in doing your task



Resilience

1	2	3	4	5	6	7	8	9
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Meaning

Resilience is the ability to pursue chosen path despite stress, high- risk status, challenges and hardships

Expert Analysis

Your responses indicate that though you have difficulty in stressful situations but sometimes you tend to handle it well. You may struggle in adapting to varied circumstances and sometimes may falter in sticking to your tasks or schedule. This makes you less productive in high stress situations and it becomes difficult for you to bounce back from setbacks or failures

Development Plan

You can improve your resilience by using the following strategies -:

- **Learn to be more flexible.** It is always better to embrace change and adapt as per the requirements. It helps in handling stress in a better manner and work more effectively.
- **Be optimistic & do not lose hope.** It is always better to be optimistic during hardships. A sense of optimism helps in dealing with difficult situations.
- **Learn to tackle your problems step by step.** Think of taking small steps while resolving problematic circumstances.
- **Develop a strong social network.** Being with people that are supportive and encouraging can be very helpful in facing hardships

Your Personality in Detail



Locus of Control

1	2	3	4	5	6	7	8	9
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Meaning

Locus of Control is the individual's perception of the power they have over events that happen in their lives. People with this trait believe that they have control over their own destiny and are convinced about their own skills

Expert Analysis

You believe that you personally have little or no control over events or other people's decisions. You may even go to the extent of believing that others have control over you and that you can do nothing but obey. When you succeed, you are more likely to attribute this to your luck than your own efforts. You may be seen as inactive, laid back and your perspective about yourself makes you less competitive and more passive

Development Plan

You can improve your internal locus of control through following strategies :-

- **Be assertive:** You have to start speaking up your mind and take responsibility for your acts as blaming others would not work in life.
- **Develop trust:** After understanding your strengths, you have to start trusting yourself. Believe in whatever you do or perform. Strong level of trust in oneself makes a person confident and composed.
- **Stop being judgmental:** Stop judging all your actions and go easy on yourself. Demanding too much sometimes leads to drainage of strength and hence failures.
- **Be relaxed and rejuvenate yourself:** Sometimes too much of stress to excel leads to panic and then everything you work on gets spoiled. Take timeouts to start regaining confidence in yourself.



Enterprising

1	2	3	4	5	6	7	8	9
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Meaning

Enterprising is being assertive, confident, high on risk-taking capacity, and having the ability to persuade others

Expert Analysis

You are a people's person and like to work with others, influence and even persuade them. You are a risk taker and rely on your experience and intuition to work with things. You are highly energetic, sociable and adventurous in nature. Your confidence and assertiveness makes you stand out in difficult situations. Whenever given an opportunity, you try to learn and develop new skills

Development Plan

You have scored well in this trait

Your Personality in Detail



Decision Making Capacity

1	2	3	4	5	6	7	8	9
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Meaning

Decision making capacity is the tendency to choose effectively from alternatives through reasoning and critical thinking

Expert Analysis

Your decision making capacity is not very high. Either your decisions are proved wrong or are not as per the required situation and time. You don't seem to learn from your earlier mistakes. You also can't predict the outcome of your decisions until their result is revealed. But in some situations you might take the right decisions and possibly at the right time

Development Plan

You can work on decision-making skills by using the following strategies:

- **Learn from others.** You can learn from people who are skilled or good at decision making. Learn techniques from these people, and then apply them using your own thinking.
- **You can start with normal situations and then go bottom up.** Take decisions first for ordinary situations and then move towards conflicting situations.
- **Learn from your mistakes:** Be attentive toward small mistakes and try not to repeat those mistakes in future. Also learn from the mistakes of others and apply them in your life.



Moral Conformity

1	2	3	4	5	6	7	8	9
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Meaning

Moral conformity implies standing by your principles & code of conduct rather than matching attitudes, beliefs, and behaviors to group norms so as to fit into the group

Expert Analysis

Your attitude and behavior is tilted towards what others believe rather than sticking by your principles of morality. You don't mind ignoring your own values to fit into your peer group. Though you believe in the society, cultural norms, rules, and interests of the society but on various counts your acts are not in conformity with the societal norms and consensus

Development Plan

You can work on following strategies to work on improving moral conformity levels:

- **Be Assertive** – Make an attempt to put forward your point of view with conviction
- **Think of Long Term Impact** – Avoid short term gains or giving in to temptations
- **Right Associations** - Form Associations with people who have clear understanding of right and wrong
- **Learn to say 'No'**- Saying 'No' will not spoil your relationships with others, rather it will make help you make meaningful & stronger relationships.

Your Personality in Detail



Integrity

1	2	3	4	5	6	7	8	9
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Meaning

Synonymous with honesty, principles, sincerity, scruples; integrity means being honest and living by universal principles of right and wrong

Expert Analysis

Your score indicates that on one hand you perceive set norms as important and on the other hand you sometimes don't give that much importance to it. You can compromise on your set standards and integrity. Personal gains may prove to be more important for you and you may be ready to compromise on your set rules and norms. You often face conflicts to decide between right and wrong

Development Plan

Think of working on following strategies to improve on your integrity levels:

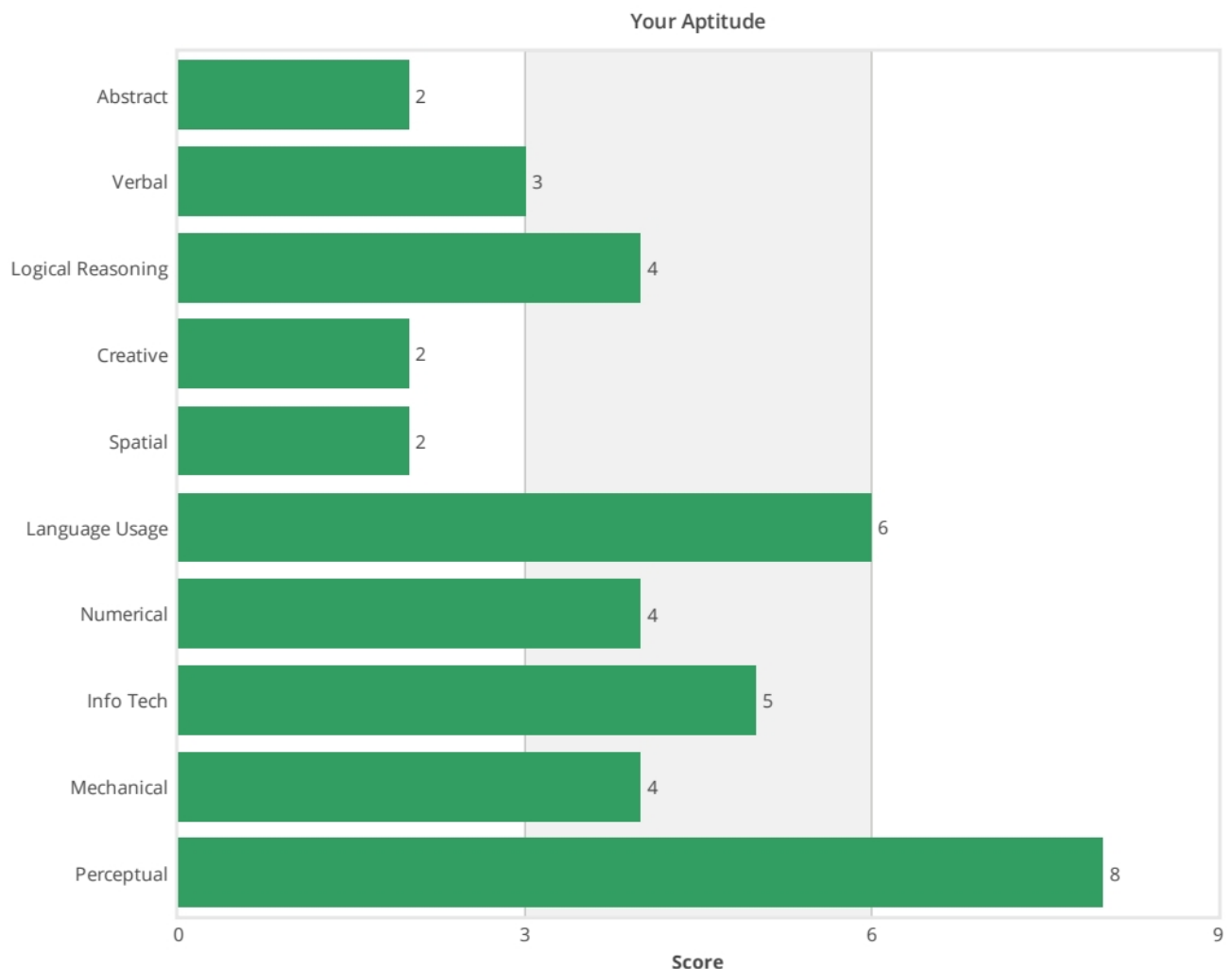
- **Right vs. Wrong Dilemma:** You should learn how to develop the difference between right and wrong and how you can deal with conflicting situations.
- **Place a rule book in your life:** Start afresh with new norms in your life. Begin with simple tasks and complete them on set timelines and gradually move to the bigger tasks. Give importance to set rules and strictly follow those rules. Be aware of your decisions and recognize your mistakes and try to not repeat them in future.
- **Accept ups & downs:** You should have courage to accept your failures along with appreciations for the achievements regardless of the person providing the feedback.

Your Aptitude

What is **Aptitude**?

Understanding your Aptitude will help you explore your innate strengths. Every individual has a unique area of expertise and their own forte. Aptitude assessment predicts what is your innate ability and potential and helps you find career options that are in sync with your aptitude.

Your Dominant Aptitude Strengths



Your Aptitude in Detail

Abstract

1	2	3	4	5	6	7	8	9
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Meaning

Ability to work with new concepts, abstract ideas & recognizing patterns and similarities

Expert Analysis

You are not very skilled at working with new concepts, abstract ideas and recognizing patterns and similarities between them. You have a limited capacity to analyze and understand non-verbal or visual information to figure out problems using non-verbal reasoning. Your scores also indicate that you find it difficult to recognize the similarities and differences between ideas, or concepts which are not necessarily related.

Development Plan

Abstract aptitude can be developed by adopting following strategies:

- **Abstract ideas and concepts:** Give yourself a regular exposure to abstract ideas and concepts. Repeatedly examining information presented in abstract forms in books and newspapers will help you to develop a capacity for handling abstract information and looking for patterns. Try and solve puzzles, games and other forms of analytical material to enhance abstract way of thinking.
- **Patterns and relationships:** Purposefully seek patterns and relationships in things around you for enhancing abstract aptitude and outlook. You should also practice creating diagrams which represent relationships, connections and sequences

Creative

1	2	3	4	5	6	7	8	9
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Meaning

Ability to develop novel and diverse ideas and solutions for a given problem

Expert Analysis

You are not very comfortable at developing unique and diverse ideas & solutions for a given problem. You are practical in your approach and prefer to follow the conventional way of dealing with things. You usually do not try to innovate or challenge the standard ways of doing things

Development Plan

Adopting following interventions will aid you in developing a creative way of thinking:

- **Openness to new experiences:** You require an open minded approach and willingness to explore new ideas around you. Constant exposure to creative ideas and information enables an individual to develop an aptitude for creativity.
- **Constant Experimenting:** Experimenting and modifying ideas will train you to have an open mind, which in turn, will stimulate creative thinking. Try and absorb newer ideas in your surroundings from all possible sources.
- **Generate ideas in a group setting:** Surround yourself with creative people. Generate and discuss diverse ideas as much as possible, and with as many people as you can.

Your Aptitude in Detail

Spatial

1	2	3	4	5	6	7	8	9
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Meaning

Ability to manipulate shapes in two dimensions or to visualize three-dimensional objects presented as two-dimensional pictures

Expert Analysis

You have a limited ability to effectively visualize and mentally rotate objects presented to you in two-dimension. This means you can't easily imagine how objects would look when turned or rotated without actually turning or rotating them. You are unable to mentally re-arrange objects. This puts you at a disadvantage while trying to understand and remember the spatial relations among objects

Development Plan

There is a possibility to enhance your spatial understanding through practice, training, and leaning. You can use the following strategies in order to increase your spatial aptitude:

- **Studying Geometry:** Studying geometry has been found to improve spatial visualization skills. Pick up some good geometry textbooks and try to solve questions related to shape, size and relative positions of figures.
- **Games and Activities:** Pursuing certain activities such as Lego building (including computer versions), photography, doing jigsaw puzzles, playing chess, drawing, geography, studying origami, practicing visual memory games or playing computer games like Tetris can help to improve your ability at spatial visualization.
- **Practice Visualization and Spatial Thinking:** Regularly exposing yourself to three-dimensional spaces and environments along with paying conscious attention to these spaces can be of great help to develop spatial aptitude. This should progress from actual physical environments to the diagrammatic representations of these spaces

Language Usage

1	2	3	4	5	6	7	8	9
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Meaning

Ability to understand and use words along with the grammatical rules and structures to produce meaningful-novel sentences

Expert Analysis

You have an above average capacity to understand and use words along with the grammatical rules and structures to produce meaningful and complex sentences. Your score also indicates that you have an average ability to detect errors in grammar, punctuation, and sentence formation.

Development Plan

Language usage can be enhanced by adopting following strategies:

- **Reading:** Reading extensively enables you to develop an understanding for the components and structures of the language along with developing an understanding of its rules. Read material even on those areas which do not interest you. Slowly progress from easy to more challenging reading material.
- **Writing:** Writing, on the other hand, opens you up to formulating newer combinations of words and putting words to creative uses. Gradually start writing on a wide variety of topics and subjects.
- **Listening:** Listening to the language also improves your language aptitude. Regularly listen to English news or even English songs to enhance your language aptitude.
- **Use of Dictionary:** Develop your vocabulary by regularly using dictionaries and thesaurus. Developing a sound vocabulary base is essential for developing language aptitude

Your Aptitude in Detail

Verbal

1	2	3	4	5	6	7	8	9
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Meaning

Ability to comprehend words and sentences and deduce meaningful relationship from them

Expert Analysis

Your scores indicate that you are not very skilled at understanding word relationships and interpret detailed written information. You are often unable to absorb information without losing concentration or feeling left behind in a conversation. This puts you at a disadvantage while trying to analyze relationships among parts of sentences or recognizing relationships among words and concepts

Development Plan

You can use the following strategies to improve your verbal skills:

- **Reading:** You can start reading and analyzing texts, articles and newspaper columns. Challenge yourself with more and more complex material and continue even though you seem to be making little progress because over time, it will show results.
- **Drawing conclusions and inferences:** Try to deduce relationships among various components of the reading material. Try to look for relationships and patterns, drawing conclusions and making inferences.
- **Memorizing word-meanings:** Consciously memorizing word-meanings regularly will also help in broadening your vocabulary base.

Info Tech

1	2	3	4	5	6	7	8	9
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Meaning

Ability to grasp and use principles and concepts of technology and computer programs to solve problems

Expert Analysis

You have an average understanding of the principles and concepts of technology. Your responses indicate that you are aware about the basic computer programs and its applications. You are moderately comfortable when it comes to handling computer software. Your awareness about latest technologies and software is average. You have to put some effort in order to learn the working of new gadgets or software

Development Plan

You can develop info-tech aptitude by following the given interventions:

- **Joining a computer course/program:** One of the best ways to develop and enhance info-tech aptitude is by joining a basic computer course and later on doing an advanced-level program
- **Exposure to technology, computer programs and applications:** You can develop the info-tech aptitude by extending your exposure towards technology, various computer programs and applications. Try and get hands on experience of various applications with different features.

Your Aptitude in Detail



Logical Reasoning

1	2	3	4	5	6	7	8	9
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Meaning

Ability to identify and isolate components of an argument to arrive at a complete inference and reach a conclusion

Expert Analysis

You have an average ability to apply logical reasoning to solve problems. At times you find it hard to detect the stronger arguments from the weaker ones. At times when you cannot find logical reason to support your stand, you may lean on emotional reasoning or rely on instincts

Development Plan

You can develop logical reasoning by practicing following strategies:

- **Play mind games:** You should try playing mind games such as chess, Sudoku, word games and other mystery games and puzzles that are easily available online. This will give you an understanding of the patterns and their individual elements and will help you in developing logical reasoning.
- **Practice & Perform non-routine tasks:** You should regularly practice open-mindedness and must make conscious attempt to figure out relationships among related or unrelated stimuli. Read books on logical reasoning and improve your skills by practicing a wide range of problem types.



Perceptual

1	2	3	4	5	6	7	8	9
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Meaning

Ability to accurately and quickly compare similarities and differences among sets of pictures, patterns, objects, letters or numbers.

Expert Analysis

You are quite capable of working with rapid speed and accuracy in tasks which do not necessarily require high intellectual activity. You take less time to respond to external stimuli of varied nature like pictures, patterns and objects. You can swiftly perceive a whole stimulus when parts of it are missing. You are effective where a quick and precise decision is required

Development Plan

You have scored well in this trait

Your Aptitude in Detail



Mechanical

1	2	3	4	5	6	7	8	9
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Meaning

Ability to grasp and use mechanical concepts and principles to solve problems

Expert Analysis

Your ability to understand and apply mechanical concepts and principles is average. You could easily grasp and apply mechanical principles with which you are familiar. However, you are not very confident of applying your mechanical knowledge to new challenges or problems. With adequate training and effort, you can improve your mechanical aptitude

Development Plan

You can think of developing mechanical abilities by adopting following strategies:

- **Developing sense of physical world:** You should be observant to perceive the physical world around and understand the principle through practical demonstration. You may take coaching or practical science training in subjects like Physics.
- **AV media and 3-D programs:** You can take help of the audio-visual media with 3-D programs to understand scientific principles in depth and learn to apply them to real world problems.



Numerical

1	2	3	4	5	6	7	8	9
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Meaning

Ability to quickly grasp mathematical functions and to use them to analyze and solve mathematical problems

Expert Analysis

Your ability to deal with numbers is average. You are quite confident with your basic arithmetic abilities; however, with higher mathematical functions you may face some challenges. You are able to manipulate numbers with ease, however, with increased pressure you make mistakes and your ability to manipulate numbers diminishes

Development Plan

You can develop numerical ability by adopting following interventions:

- **Mental Imagery:** You have to try making mental imagery of the problems in terms of the numerical values of the elements involved in the problem. Constant effort will be helpful in enhancing numerical/ mathematical ability.
- **Practice and increase comfort with numbers:** You must progressively keep taking different tests on numerical ability to know your current level and further try to progress to a higher level.
- **Computer-simulated mathematical games:** You can try different computer applications, games and mobile apps that are known to enhance numerical ability

Your Emotional Quotient

What is **Emotional Quotient**?

Understanding your Emotional Intelligence will help you understand your effectiveness in social situations. Emotional Intelligence assessment identifies how well do you recognize and handle your own emotions and interpersonal relationships.

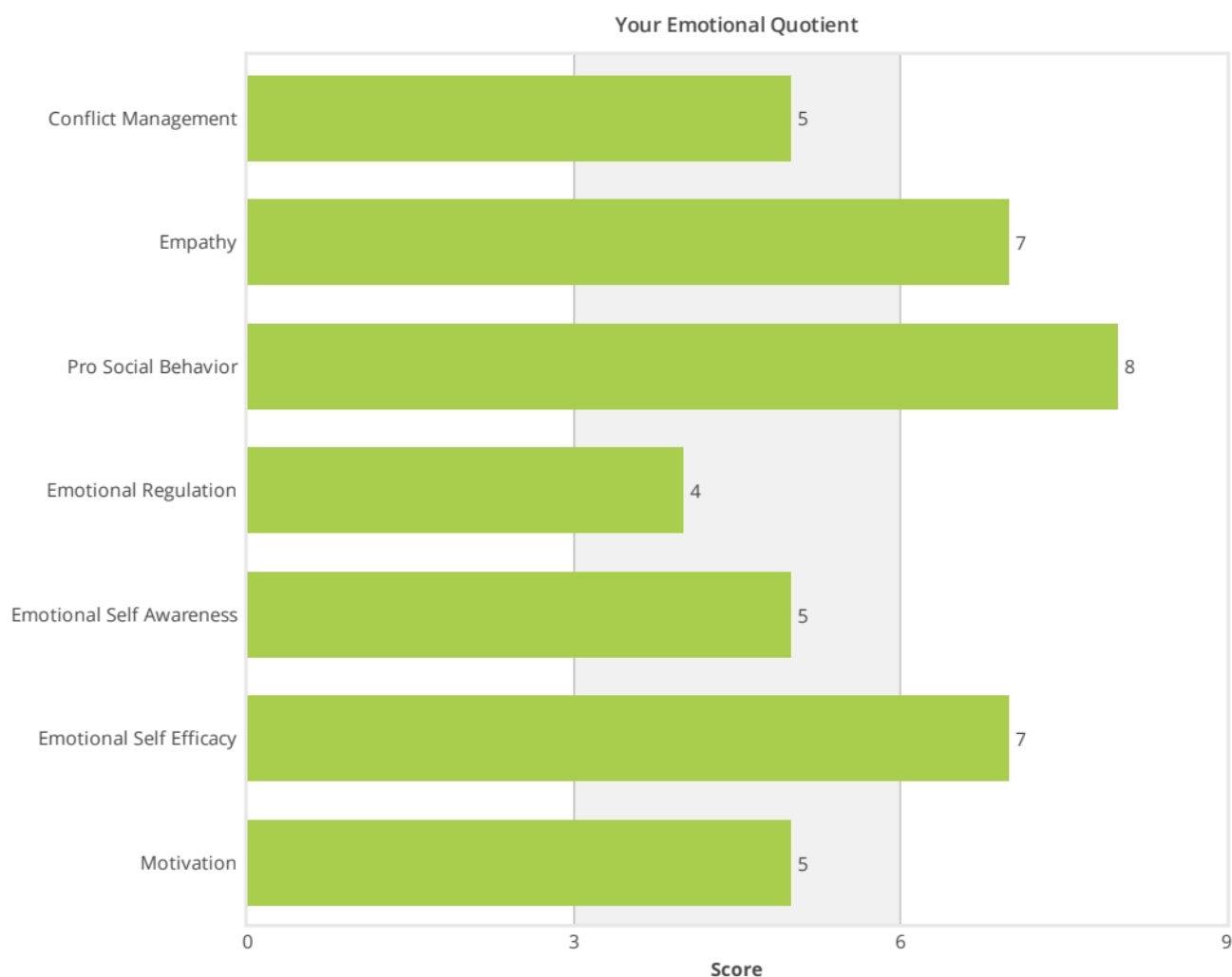
Your Dominant Emotional Quotient Strengths



Pro Social
Behavior



Empathy



Your Emotional Quotient in Detail



Empathy

1	2	3	4	5	6	7	8	9
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Meaning

Perceiving and being aware about emotions of others, including being sensitive to a diverse population

Expert Analysis

You have a high ability to understand and identify with the feelings of others. You are highly sensitive to understanding the emotions shared by others and in helping them resolve those emotions. You are a good listener and adept at understanding non-verbal cues. As a result, you can easily understand both pain and joy of others. You can intuitively sense what the other person is going through. One important reason for this is that you have high awareness of your own emotional experiences. You show a deep insight into other person's problems and have the ability to "walk in their shoes". You also have the skill to communicate in an objectively explicit manner to express your understanding of the other person's problem. Your deep compassion for those you come across makes you a great friend to have

Development Plan

You have scored well in this trait



Pro Social Behavior

1	2	3	4	5	6	7	8	9
---	---	---	---	---	---	---	---	---

Meaning

Having the motivation to help others without any personal gain

Expert Analysis

You are highly motivated to help others in ways that will benefit them, without any personal gains or immediate benefit to yourself. The help that you give to others may be trivial like picking up someone's dropped pen or donating for social causes, or extraordinary behaviour like volunteering to rescue stranded people. You rush to help others in need and sometimes tend to ignore the danger to yourself in your desire to help those in distress. If you notice any situation that you consider to be an emergency, you feel compelled to offer your help. This high need to help others in need also indicates a higher than average ability to empathize with others. Your score also indicates a high interpersonal trust and high degree of social responsibility

Development Plan

You have scored well in this trait

Your Emotional Quotient in Detail



Emotional Self Awareness

1	2	3	4	5	6	7	8	9
---	---	---	---	---	---	---	---	---

Meaning

Being aware of and recognize one's own emotions

Expert Analysis

You find some difficulty in understanding the emotions that you experience. As a consequence, you also face some difficulty in understanding what you think and do as a result of those emotions. This limited awareness restricts your ability to understand how your emotions drive your behavior. Moreover, you may be carried away by your negative emotions at times and it may interfere in your capacity to make the right decisions and take the right action

Development Plan

- **Identify your feelings:** Be open to identifying and naming your feelings. This will help you to understand yourself better and also be aware of the feelings that led to specific behaviours.
- **Identify causes for negative feelings:** You must realistically evaluate as to what led to negative feelings and be aware of factors that overpower you capacity to make the right decisions.



Emotional Self Efficacy

1	2	3	4	5	6	7	8	9
---	---	---	---	---	---	---	---	---

Meaning

Belief in one's capability to understand and deal with one's emotions

Expert Analysis

You have a strong belief in your potential to understand and deal with your own emotions. Your perceived capacity to deal with negative emotions is high. Also, you strongly believe in your ability to understand and regulate your emotions. You believe that you have control over your emotions. This enables you to manage them internally by solving problems in difficult situations, without being affected by them. You also take ownership of your emotions and clearly understand that they reflect your personal and subjective experience

Development Plan

You have scored well in this trait

Your Emotional Quotient in Detail



Emotional Regulation

1	2	3	4	5	6	7	8	9
---	---	---	---	---	---	---	---	---

Meaning

Managing one's constructive as well as destructive emotions well. Ability to manage stress, anger and anxiety

Expert Analysis

Your score indicates that you may find it hard to manage your emotions. If the pressure is high, it may interfere in your ability to give your best. You also have difficulty asserting yourself, and there are situations in which you find you are being taken advantage off. If a performance in a particular situation is too important for your future, you may find the anxiety unmanageable. Your inability to manage your emotions may also cause problems in some of your interpersonal relationships. When faced with a setback or a failure you may find it hard to deal with it

Development Plan

You can improve emotional regulation by following strategies.

- **Reappraisal:** This involves reinterpreting the meaning of an event so as to alter the emotional impact. For example, this might involve reinterpreting an event by broadening one's perspective and looking "at the bigger picture."
- **Distancing:** This involves that you that you don't evaluate situations according to your emotions
- **Humor:** You can also make use of humor to effectively manage emotions



Motivation

1	2	3	4	5	6	7	8	9
---	---	---	---	---	---	---	---	---

Meaning

Having achievement drive, optimism, and being committed to one's values, needs and goals

Expert Analysis

Your responses indicate that you find it hard to initiate and sustain goals. You, also at times, find it hard to set goals that really excite you. You initiate goals with a lot of enthusiasm but when some challenges come in your way, the drive for achieving quickly wanes off. You find it extremely hard to focus on a single goal and are easily distracted with your surroundings. You have a vague conception of the goal attainment process and find it difficult to come up with strategies to lift your morale. You, often doubt your ability to attain goals, and this lack of belief lets you give up easily on your goals

Development Plan

- **Set SMART goals:** Goals that are specific, measurable, achievable, realistic and time bound.
- **Reward yourself:** Reward yourself each time when you achieve a small goal. This will motivate you to set goals in the future.
- **Ask for help:** You also need to ask for help whenever you face a challenging situation and feel like giving up.

Your Emotional Quotient in Detail



Conflict Management

1	2	3	4	5	6	7	8	9
---	---	---	---	---	---	---	---	---

Meaning

Ability to resolve conflicts through negotiations

Expert Analysis

You have difficulty in changing your stand and in controlling your emotions under pressure. You often fail to notice the non-verbal signs, and usually take people's word at face value. You see conflict situations as unpleasant and unrewarding. You believe that people seek their self interest in conflict situations. You fail to appreciate the humor in important matters being discussed. You believe that compromise is sign of a weakness and do not prescribe to the statement, that people should be forgiven without paying the price for their mistakes. You feel inadequate at times with regard to the issues that arise in a conflict situation

Development Plan

You can improve conflict management by using the following strategies

- **Wait and watch:** You can choose to wait for a few days, if you find conflict is beyond your control at present. Waiting for a few days often allows you to come up with appropriate strategies to resolve the conflict. This strategy can diffuse the tense situation.
- **Working with a role model:** You can greatly improve your conflict management skills by working with a person who is good at resolving conflict. By observing how this individual deals with various challenges in the conflict management situations, your self-belief in regard to developing these skills would increase.
- **Right preparation:** You can increase your confidence in resolving conflict by thorough preparation. This means you collect all the evidence pertaining to the issue involved. Preparing extensively would make you realize the loopholes, which you can overcome in advance.

Your Dominant Style



People Orientation

Administrative
Orientation

Your Dominant Interests



Psychology



Entrepreneurship

Finance &
AccountingCommerce &
ManagementMedia &
Communication

Your Dominant Personality



Perfectionism



Agreeableness



Enterprising

Your Dominant Aptitude



Perceptual



Language Usage



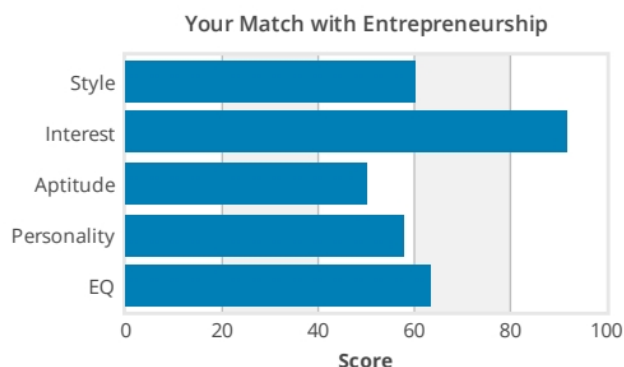
Info Tech

Your Dominant Emotional Quotient

Pro Social
Behavior

Empathy

Career Match with Entrepreneurship



Entrepreneurs are leaders willing to take risk and exercise initiative. They look to take advantage of market opportunities often by innovating or improving existing products & services.

Developed countries are moving from 'managerial' to 'entrepreneurial' economies. India, as an emerging economy, is ensuring that entrepreneurship is embraced as a career choice for the young. The ecosystem for Entrepreneurship commonly known as Start-Ups is at its brightest.

While no specific education or training is required to start a business venture of your own, the odds of success increase exponentially when entrepreneurs have a solid education background. With the popularity of entrepreneurship rising, many universities/ institutes offer programs to groom budding entrepreneurs. These programs are available both at undergraduate (BBS, BBA) and post graduate levels (MBA). Most top business schools also provide courses for entrepreneurship.

Entrepreneurs are job creators rather than job seekers. They create products and services. Other than the path of owning one's own business, participating in a family business or starting a partnered venture, entrepreneurs also take up roles in the field of business consulting, sales, research and development, not-for-profit management, and mid-level management.

Trending Fields: E-Commerce, M-Commerce, EduTech, FinTech, Healthcare

[Read more about Entrepreneurship >](#)

Career Match with Entrepreneurship

Top 10 Skills Needed for a Career in Entrepreneurship

- Creative thinking
- Risk-taking ability
- Leadership skills
- Strong work ethic
- Financial management
- Marketing and sales skills
- Networking skill
- Problem-solving skills
- Adaptability
- Communication skills

Trending Jobs in the Domain of Entrepreneurship

- Startup Founder
- Business Consultant
- Venture Capitalist
- Innovation Manager
- Product Manager
- Growth Hacker
- Social Entrepreneur
- Corporate Entrepreneur
- Sales Manager
- Digital Marketer

Institutes /Universities in India Offering Undergraduate Programs Entrepreneurship

- Ashoka University, Haryana
- FLAME University, Pune
- NMIMS University, Mumbai
- University of Delhi
- University of Mumbai
- St.Xavier's College, Mumbai
- Symbiosis University, Pune
- Christ University, Bangalore
- SP Jain Institute of Management and Research, Mumbai
- OP Jindal Global University

Institutes /Universities Abroad Offering Undergraduate Programs in Entrepreneurship

- University of Pennsylvania, USA
- University of Manchester, UK
- McGill University, Canada
- Northeastern University, UK
- University of Southern California, USA
- HEC Paris, France
- Rotterdam School of Management, Erasmus University, Netherlands
- Indiana University - Kelley School of Business, USA
- Nanyang Technological University, Singapore
- Imperial College Business School, UK

Common Entrance Exams for Entrepreneurship in India

- Common University Entrance Test (CUET)
- St. Xavier's BMS Entrance Test
- NMIMS NPAT
- Symbiosis Entrance Test (SET)
- Ashoka Aptitude Test (AAT)

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Discover more at <https://www.aptguru.net/careerlibrary>

Career Match with Commerce & Accounts



A career in Commerce & Accounts opens the pathway to multiple career options in the field of business management, accounting, banking & finance as well as marketing sales. One can pursue degree programs as well as certification programs or a combination of both at the graduate level. Many students are able to master both degree and certification programs with dedication and hard work.

Bachelor in Commerce, Bachelor in Business Administration, Bachelor in Management Studies, Bachelor of Commerce in Banking & Insurance, Bachelor of Commerce in Financial Markets, Chartered Accountancy, Company Secretary, Cost Accountancy, Chartered Financial Analyst, Forensic Accounting, Economics, Actuarial Sciences are some of the most sought after programs in this domain. Chartered Accountancy is one of the most sought after and respected certification programs for aspirants.

Over the last decade, a degree in commerce & accounts is further enriched by several specialized pathways in sectors like Finance, Banking and Insurance. Thus the career prospects in commerce and its interdisciplinary domains are extremely bright. Very good growth prospects, shorter learning and training time-span, high employment opportunities are some of the factors which have made a career in commerce and accounts quite popular amongst the youth. Employment opportunities are excellent with top MNC's across industries, Audit Firms and CA Firms who are always on the lookout for bright talent in this domain.

Trending Fields: MBA, CFA, CA, BBA, BMS, Actuarial Sciences, Economics, Entrepreneurship

[Read more about Commerce & Accounts >](#)

Career Match with Commerce & Accounts

Top 10 Skills Needed for a Career in Commerce & Accounts

- Analytical thinking
- Attention to detail
- Mathematical and numerical skills
- Proficiency in accounting software
- Knowledge of tax laws and regulations
- Strong work ethic
- Communication skills
- Teamwork skills
- Problem-solving skills
- Time management skills

Trending Jobs in the Domain of Commerce & Accounts

- Accountant
- Financial Analyst
- Investment Banker
- Tax Consultant
- Auditor
- Risk Manager
- Cost Accountant
- Treasury Manager
- Chief Financial Officer (CFO)
- Business Analyst

Institutes /Universities in India Offering Undergraduate Programs Commerce & Accounts

- University of Delhi
- St. Xavier's College, Mumbai
- Loyola College, Chennai
- Christ University, Bangalore
- Amity University, Noida
- Banaras Hindu University, UP
- Narsee Monjee College of Commerce and Economics, Mumbai
- Symbiosis College of Arts and Commerce, Pune
- Madras Christian College, Chennai
- Mount Carmel College, Bangalore

Institutes /Universities Abroad Offering Undergraduate Programs in Commerce & Accounts

- Harvard University, USA
- Stanford University, USA
- London School of Economics and Political Science, UK
- Bocconi University, Italy
- University of Pennsylvania, USA
- National University of Singapore (NUS), Singapore
- New York University (NYU), USA
- University of British Columbia, Canada
- University of Melbourne, Australia
- University of Western Australia, Australia

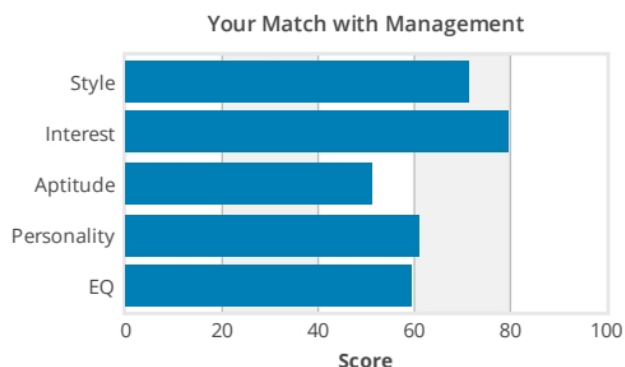
Common Entrance Exams for Commerce & Accounts in India

- Central University Entrance Test (CUET)
- Christ University Entrance Test (CUET)
- FLAME Entrance Test
- Symbiosis Entrance Test
- NMIMS Entrance Test

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Career Match with Management



A career in Management makes students familiar with knowledge of business, trade, management techniques, industry, basics of economics, fiscal policies, industrial policies, share market, stock markets, etc. Management studies teaches one how to manage a business professionally.

With increasing competition in the field, huge number of colleges providing management related courses have mushroomed across the country offering traditional specializations such as Finance, Marketing, Sales, Operations and Human Resources to the trending specializations like Health Care Management, Sports Management, Rural Management, Fashion Management etc.

Students who are keen to take up management as a career option after class 12th can opt for BBA, BBS or BBM for developing a sound base in the field of management education. After graduation, one may opt for an MBA degree in a specialized field. Management is a career option which can also be pursued after almost any graduation degree such as Law, Engineering, Medicine, Social Sciences among others.

Management is one of the most sought after careers because of the lucrative salaries and good future prospects it offers; especially if one graduates from the leading management colleges.

Trending Fields: Sports Management, Health Care Management, Operations Management, Human Resource Management, Finance Management

[Read more about Management >](#)

Career Match with Management

Top 10 Skills Needed for a Career in Management

- Leadership skills
- Strategic thinking and planning
- Communication skills
- Analytical and problem-solving abilities
- Financial management and accounting skills
- Time management and organizational skills
- Interpersonal and team management abilities
- Adaptability and flexibility
- Innovation and creativity
- Decision-making and critical thinking skills

Trending Jobs in the Domain of Management

- General Manager
- Human Resource Manager
- Marketing Manager
- Operations Manager
- Financial Manager
- Business Development Manager
- Project Manager
- Management Consultant
- Supply Chain Manager
- Information Technology (IT) Manager

Institutes /Universities in India Offering Undergraduate Programs Management

- IIM Integrated program, Multiple Locations
- Ashoka University, Haryana
- FLAME University, Pune
- NMIMS University, Mumbai
- University of Delhi
- University of Mumbai
- St.Xavier's College, Mumbai
- Symbiosis University, Pune
- Christ University, Bangalore
- SP Jain Institute of Management and Research, Mumbai

Institutes /Universities Abroad Offering Undergraduate Programs in Management

- University of Pennsylvania, USA
- University of British Columbia, Canada
- London School of Economics and Political Science (LSE), UK
- Bocconi University, Italy
- IE University, Spain
- Warwick Business School, UK
- Rotterdam School of Management, Erasmus University, Netherlands
- National University of Singapore, Singapore
- University of Melbourne, Australia
- McGill University, Canada

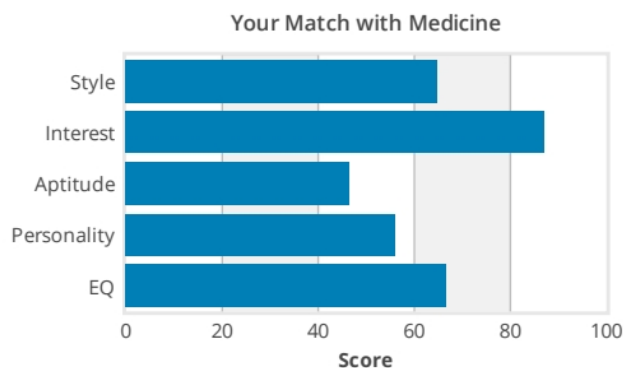
Common Entrance Exams for Management in India

- Integrated Programme in Management Aptitude Test (IPMAT)
- Common University Entrance Test (CUET)
- St. Xavier's BMS Entrance Test
- NMIMS NPAT
- Symbiosis Entrance Test (SET)

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Career Match with Medicine



Medicine is one of the most valuable and sought after career for those interested in science. There is immense scope for medicine as a professional career. It is a very challenging profession and requires utmost patience to excel. Career gestation period in medicine is relatively longer than other career options as specialization post the MBBS degree is highly recommended. Intricate and fast lifestyles have given rise to multiple new diseases, which the general doctors armed with a MBBS degree find difficult to deal with. This makes specializations a necessity in this field.

Specialization may include General Surgery, General Medicine, Pediatrics, Obstetrics, Gynecology, Neurology, Ophthalmology, Cardiology, Dermatology, anesthesiology etc.

Other systems of medicine like Homeopathy, Ayurveda, Unani, Dentistry & Veterinary Science are also fast emerging fields with excellent career opportunities.

Medical Science courses are offered at undergraduate, postgraduate and doctorate levels. At the undergraduate level, an MBBS degree is awarded in allopathic system of medical science, whereas in Homeopathic, Unani System and Ayurvedic System of Medical science, BHMS, BUMS and BAMS degree are awarded. A BDS degree is awarded at the undergraduate level in dental science. For veterinary science, BSc degree is awarded.

The competition environment in the field of Medicine is extremely vigorous as the number of seats in premier institutes is significantly less in comparison to the aspiring candidates. However with the increasing focus on healthcare, the number of medical colleges in the country is rapidly increasing.

Candidate seeking admission in the field of medicine should have had the subject combination of Science with Biology at 10+2 level.

Entrance test like: NEET (National Eligibility cum Entrance Test) is the gateway to various medical colleges across the country, both private as well as public.

Top recruiting companies include- Fortis, Apollo and Max amongst others.

Trending fields include- Cardiologist, Surgeon, Psychiatrist, Neurologist

[Read more about Medicine >](#)

Career Match with Medicine

Top 10 Skills Needed for a Career in Medicine

- Problem-solving skills
- Communication skills
- Analytical skills
- Attention to detail
- Empathy
- Teamwork
- Time management
- Adaptability
- Leadership skills
- Research ability

Trending Jobs in the Domain of Medicine

- General Practitioner
- Surgeon
- Medical Officer
- Medical Researcher
- Anaesthesiologist
- Psychiatrist
- Paediatrician
- Oncologist
- Dermatologist
- Medical Professor

Institutes /Universities in India Offering Undergraduate Programs Medicine

- All India Institute of Medical Sciences (AIIMS), Multiple locations
- Post Graduate Institute of Medical Education and Research, Chandigarh
- Christian Medical College (CMC), Vellore
- Armed Forces Medical College (AFMC), Pune
- Maulana Azad Medical College (MAMC), Delhi
- Jawaharlal Institute of Postgraduate Medical Education and Research (JIPMER), Puducherry
- Grant Medical College (GMC), Mumbai
- Lady Hardinge Medical College (LHMC), Delhi
- Sree Chitra Tirunal Institute for Medical Sciences and Technology, Trivandrum
- King George's Medical University (KGMU), Lucknow
- Bangalore Medical College and Research Institute (BMCRI), Bengaluru

Institutes /Universities Abroad Offering Undergraduate Programs in Medicine

- University of Oxford, UK
- University of Cambridge, UK
- Stanford University, USA
- University of California, Berkeley, USA
- University of Toronto, Canada
- University of British Columbia, Canada
- Karolinska Institute, Sweden
- University of Melbourne, Australia
- University of New South Wales, Australia
- National University of Singapore (NUS)

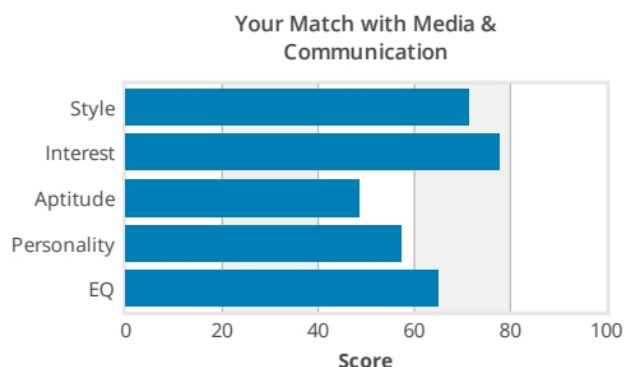
Common Entrance Exams for Medicine in India

- National Eligibility cum Entrance Test (NEET-UG)

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Career Match with Media & Communication



Journalists in the 21st century play a very important role in providing necessary information to people regarding the day-to-day life and keep the citizens of the country updated with the current affairs and happenings that take place. Mass communication helps in disseminating such wide range of information to the people in a variety of ways such as audio, video, graphics, animation etc. Today, journalism is not only about reading out news to the people, but is central to shaping the thought patterns among people. With the increasing number of news channels, newspapers and the expansion of technology, journalism and mass communication has a wide scope and plenty of opportunities.

Mass communication opens the door to fields like public relations, editing, scriptwriting, video jockey, and radio jockey amongst many others.

The coursework for journalism and mass communication provides the technical aspects of knowledge required for the field. Other important skills necessary for the field are the ability to write and speak effectively, interest in the current affairs. General knowledge constitutes an important component of journalism and mass communication.

Specialization in the field of journalism is available in areas like sports, politics, finance and economics, investigation etc. Master level courses are also available and are also considered to be important for future growth.

Some of the top job recruiters in the field include AIR, NDTV Network, India Today Network, Hindustan Group of Publications, Viacom etc.

Trending Field: Reporters, Journalists, Editors, Scriptwriters, Anchors, Writers etc.

[Read more about Media & Communication >](#)

Career Match with Media & Communication

Top 10 Skills Needed for a Career in Media & Communication

- Excellent communication skills - both written and verbal
- Proficiency in digital media platforms and tools
- Creative thinking and problem-solving abilities
- Ability to work in a team and manage multiple projects simultaneously
- Strong analytical and research skills
- Understanding of media laws and regulations
- Interpersonal and networking abilities
- Time management and organizational skills
- Adaptability and flexibility
- Attention to detail and accuracy

Trending Jobs in the Domain of Media & Communication

- Digital Media Strategist
- Social Media Manager
- Public Relations Specialist
- Advertising Account Executive
- Content Creator/Writer
- Multimedia Artist/Animator
- Video Editor
- Graphic Designer
- Event Planner
- Brand Manager

Institutes /Universities in India Offering Undergraduate Programs Media & Communication

- Symbiosis Institute of Media & Communication, Pune
- Bennett University, Noida
- University of Delhi, Delhi
- Christ University, Bangalore
- Amity School of Communication, Noida
- Jagran Lakecity University, Bhopal
- Manipal Institute of Communication, Manipal
- St. Xavier's College, Mumbai
- University of Mumbai, Mumbai
- Ashoka University, Sonapat

Institutes /Universities Abroad Offering Undergraduate Programs in Media & Communication

- University of Southern California, USA
- New York University, USA
- University of Melbourne, Australia
- University of Sydney, Australia
- University of Leeds, UK
- University of Amsterdam, Netherlands
- University of British Columbia, Canada
- London School of Economics and Political Science, UK
- University of Texas at Austin, USA
- Nanyang Technological University, Singapore

Common Entrance Exams for Media & Communication in India

- Central University Entrance Test (CUET)
- Christ University Entrance Test (CUET)
- Symbiosis Entrance Test
- Ashoka Aptitude Test (AAT)
- Manipal Entrance Test

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GOT ANY QUESTIONS?

Consult with our experts



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